

IMOVE PHYSICAL THERAPY AND REHABILITATION

IMOVE PHYSICAL THERAPY AND REHABILITATION REPRESENTS A COMPREHENSIVE APPROACH TO RESTORING MOBILITY, REDUCING PAIN, AND IMPROVING THE OVERALL FUNCTION OF INDIVIDUALS AFFECTED BY INJURY, ILLNESS, OR CHRONIC CONDITIONS. THIS SPECIALIZED FIELD FOCUSES ON PERSONALIZED TREATMENT PLANS THAT INCORPORATE THE LATEST TECHNIQUES IN PHYSICAL THERAPY AND REHABILITATION SCIENCE. PATIENTS BENEFIT FROM EXPERT CARE THAT TARGETS MUSCULOSKELETAL ISSUES, NEUROLOGICAL DISORDERS, AND POST-SURGICAL RECOVERY. THE ROLE OF IMOVE PHYSICAL THERAPY AND REHABILITATION IS CRUCIAL IN ENHANCING QUALITY OF LIFE THROUGH TAILORED EXERCISES, MANUAL THERAPY, AND INNOVATIVE MODALITIES. THIS ARTICLE EXPLORES THE CORE SERVICES, TREATMENT METHODS, PATIENT BENEFITS, AND THE IMPORTANCE OF CHOOSING A REPUTABLE PROVIDER IN THE FIELD. BELOW IS AN OUTLINE OF THE MAIN TOPICS COVERED TO PROVIDE A CLEAR OVERVIEW OF IMOVE PHYSICAL THERAPY AND REHABILITATION.

- OVERVIEW OF IMOVE PHYSICAL THERAPY AND REHABILITATION
- KEY SERVICES OFFERED
- BENEFITS OF IMOVE PHYSICAL THERAPY AND REHABILITATION
- INNOVATIVE TREATMENT TECHNIQUES
- PATIENT CARE AND CUSTOMIZED TREATMENT PLANS
- CHOOSING THE RIGHT IMOVE PHYSICAL THERAPY PROVIDER

OVERVIEW OF IMOVE PHYSICAL THERAPY AND REHABILITATION

IMOVE PHYSICAL THERAPY AND REHABILITATION IS DEDICATED TO HELPING PATIENTS RECOVER FROM INJURIES, MANAGE CHRONIC PAIN, AND REGAIN FUNCTIONAL INDEPENDENCE. THIS DISCIPLINE INTEGRATES VARIOUS THERAPEUTIC APPROACHES TO ADDRESS THE UNIQUE NEEDS OF EACH PATIENT. THE PROGRAM TYPICALLY INVOLVES ASSESSMENT, DIAGNOSIS, AND IMPLEMENTATION OF TARGETED INTERVENTIONS THAT PROMOTE HEALING AND MOBILITY. THE GOAL IS TO RESTORE STRENGTH, FLEXIBILITY, AND ENDURANCE WHILE MINIMIZING DISCOMFORT AND PREVENTING FUTURE INJURY. IMOVE PHYSICAL THERAPY AND REHABILITATION OFTEN WORKS IN CONJUNCTION WITH OTHER HEALTHCARE PROVIDERS TO ENSURE A HOLISTIC TREATMENT EXPERIENCE.

DEFINITION AND SCOPE

PHYSICAL THERAPY AND REHABILITATION WITHIN THE IMOVE FRAMEWORK ENCOMPASS A WIDE RANGE OF CLINICAL SERVICES AIMED AT IMPROVING PHYSICAL HEALTH OUTCOMES. THESE SERVICES INCLUDE MANUAL THERAPY, THERAPEUTIC EXERCISE, NEUROMUSCULAR RE-EDUCATION, AND PAIN MANAGEMENT STRATEGIES. THE SCOPE EXTENDS TO TREATING ORTHOPEDIC INJURIES, NEUROLOGICAL IMPAIRMENTS, SPORTS-RELATED CONDITIONS, AND POSTOPERATIVE RECOVERY. IMOVE EMPHASIZES EVIDENCE-BASED PRACTICES TO OPTIMIZE PATIENT OUTCOMES AND FUNCTIONAL RECOVERY.

PATIENT POPULATION

THE PATIENT DEMOGRAPHIC FOR IMOVE PHYSICAL THERAPY AND REHABILITATION IS BROAD, INCLUDING INDIVIDUALS OF ALL AGES WHO REQUIRE ASSISTANCE WITH MOBILITY AND PAIN MANAGEMENT. THIS INCLUDES ATHLETES RECOVERING FROM SPORTS INJURIES, SENIORS MANAGING DEGENERATIVE CONDITIONS, PATIENTS REHABILITATING AFTER SURGERY, AND INDIVIDUALS COPING WITH NEUROLOGICAL DISORDERS SUCH AS STROKE OR MULTIPLE SCLEROSIS. CUSTOMIZED CARE ENSURES THAT TREATMENT PLANS ALIGN WITH THE SPECIFIC HEALTH STATUS AND GOALS OF EACH PATIENT.

Key Services Offered

IMOVE PHYSICAL THERAPY AND REHABILITATION CENTERS PROVIDE A COMPREHENSIVE SUITE OF SERVICES DESIGNED TO ADDRESS DIVERSE REHABILITATION NEEDS. THESE SERVICES ARE DELIVERED BY LICENSED PHYSICAL THERAPISTS TRAINED IN THE LATEST CLINICAL METHODOLOGIES TO ENSURE EFFECTIVE RECOVERY.

ORTHOPEDIC REHABILITATION

ORTHOPEDIC REHABILITATION FOCUSES ON CONDITIONS RELATED TO BONES, JOINTS, MUSCLES, LIGAMENTS, AND TENDONS. IMOVE PHYSICAL THERAPY PROGRAMS TARGET ISSUES SUCH AS FRACTURES, SPRAINS, POST-SURGICAL RECOVERY, AND CHRONIC MUSCULOSKELETAL PAIN. TREATMENTS OFTEN INCLUDE STRENGTHENING EXERCISES, JOINT MOBILIZATION, AND FUNCTIONAL RETRAINING.

NEUROLOGICAL REHABILITATION

NEUROLOGICAL REHABILITATION ADDRESSES IMPAIRMENTS RESULTING FROM NERVOUS SYSTEM DISORDERS. PATIENTS RECOVERING FROM STROKE, TRAUMATIC BRAIN INJURY, OR SPINAL CORD INJURY BENEFIT FROM THERAPIES AIMED AT IMPROVING MOTOR CONTROL, COORDINATION, BALANCE, AND COGNITIVE FUNCTION. IMOVE PHYSICAL THERAPY INCORPORATES SPECIALIZED INTERVENTIONS TO SUPPORT NEUROPLASTICITY AND FUNCTIONAL RESTORATION.

PAIN MANAGEMENT

EFFECTIVE PAIN MANAGEMENT IS A CORNERSTONE OF IMOVE PHYSICAL THERAPY AND REHABILITATION. TECHNIQUES SUCH AS MANUAL THERAPY, THERAPEUTIC MODALITIES (E.G., ULTRASOUND, ELECTRICAL STIMULATION), AND EXERCISE PRESCRIPTION HELP REDUCE INFLAMMATION AND ALLEVIATE CHRONIC PAIN. PATIENT EDUCATION ON POSTURE AND ERGONOMICS ALSO PLAYS A VITAL ROLE IN PREVENTING PAIN RECURRENCE.

POST-SURGICAL REHABILITATION

FOLLOWING SURGICAL PROCEDURES, IMOVE PHYSICAL THERAPY FACILITATES RECOVERY BY PROMOTING TISSUE HEALING, RESTORING RANGE OF MOTION, AND REBUILDING STRENGTH. TAILORED REHABILITATION PLANS ENSURE PATIENTS REGAIN INDEPENDENCE AND RETURN TO DAILY ACTIVITIES SAFELY AND EFFICIENTLY.

BENEFITS OF IMOVE PHYSICAL THERAPY AND REHABILITATION

ENGAGING IN IMOVE PHYSICAL THERAPY AND REHABILITATION PROVIDES NUMEROUS ADVANTAGES THAT EXTEND BEYOND SYMPTOM RELIEF. THE HOLISTIC APPROACH ADDRESSES PHYSICAL, FUNCTIONAL, AND PSYCHOLOGICAL ASPECTS OF RECOVERY TO ENHANCE OVERALL WELL-BEING.

IMPROVED MOBILITY AND FUNCTION

ONE OF THE PRIMARY BENEFITS IS IMPROVED MOBILITY, ENABLING PATIENTS TO PERFORM EVERYDAY ACTIVITIES WITH GREATER EASE AND CONFIDENCE. REHABILITATION FOCUSES ON RESTORING JOINT FLEXIBILITY, MUSCLE STRENGTH, AND COORDINATION, WHICH COLLECTIVELY CONTRIBUTE TO ENHANCED PHYSICAL FUNCTION.

PAIN REDUCTION AND MANAGEMENT

TARGETED THERAPIES EFFECTIVELY DECREASE ACUTE AND CHRONIC PAIN, REDUCING THE RELIANCE ON MEDICATION AND IMPROVING

QUALITY OF LIFE. THROUGH PERSONALIZED TREATMENT, PATIENTS LEARN STRATEGIES TO MANAGE PAIN AND PREVENT FUTURE EPISODES.

PREVENTION OF FUTURE INJURIES

MOVE PHYSICAL THERAPY PROGRAMS EMPHASIZE INJURY PREVENTION BY ADDRESSING BIOMECHANICAL IMBALANCES, MUSCULAR WEAKNESSES, AND IMPROPER MOVEMENT PATTERNS. EDUCATION ON BODY MECHANICS AND EXERCISE ROUTINES IS INTEGRAL TO SUSTAINING LONG-TERM HEALTH.

ENHANCED RECOVERY TIME

STRUCTURED REHABILITATION ACCELERATES THE HEALING PROCESS, ENABLING PATIENTS TO RECOVER FASTER AFTER INJURIES OR SURGERIES. THIS EXPEDITED RECOVERY REDUCES DOWNTIME AND SUPPORTS A QUICKER RETURN TO WORK, SPORTS, OR DAILY ROUTINES.

INNOVATIVE TREATMENT TECHNIQUES

MOVE PHYSICAL THERAPY AND REHABILITATION EMPLOY ADVANCED TREATMENT MODALITIES SUPPORTED BY SCIENTIFIC RESEARCH. THESE INNOVATIVE TECHNIQUES OPTIMIZE THERAPEUTIC OUTCOMES AND PATIENT SATISFACTION.

MANUAL THERAPY

MANUAL THERAPY INCLUDES HANDS-ON TECHNIQUES SUCH AS JOINT MOBILIZATION, SOFT TISSUE MASSAGE, AND MYOFASCIAL RELEASE. THESE INTERVENTIONS IMPROVE TISSUE FLEXIBILITY, REDUCE PAIN, AND RESTORE NORMAL JOINT FUNCTION.

THERAPEUTIC EXERCISE

CUSTOMIZED EXERCISE PROGRAMS ARE DESIGNED TO STRENGTHEN MUSCLES, IMPROVE ENDURANCE, AND ENHANCE NEUROMUSCULAR CONTROL. EXERCISES MAY INCLUDE STRETCHING, RESISTANCE TRAINING, BALANCE ACTIVITIES, AND FUNCTIONAL MOVEMENT DRILLS.

NEUROMUSCULAR RE-EDUCATION

THIS TECHNIQUE FOCUSES ON RETRAINING THE NERVOUS SYSTEM AND MUSCLES TO IMPROVE COORDINATION AND MOVEMENT EFFICIENCY. IT IS PARTICULARLY BENEFICIAL FOR PATIENTS RECOVERING FROM NEUROLOGICAL INJURIES OR SURGERIES.

MODALITIES AND TECHNOLOGY

MOVE PHYSICAL THERAPY INTEGRATES MODALITIES SUCH AS ELECTRICAL STIMULATION, ULTRASOUND THERAPY, LASER THERAPY, AND BIOFEEDBACK. THESE TECHNOLOGIES COMPLEMENT MANUAL AND EXERCISE THERAPIES TO PROMOTE HEALING AND PAIN RELIEF.

PATIENT CARE AND CUSTOMIZED TREATMENT PLANS

THE CORNERSTONE OF MOVE PHYSICAL THERAPY AND REHABILITATION IS INDIVIDUALIZED PATIENT CARE. TREATMENT PLANS ARE DEVELOPED BASED ON COMPREHENSIVE EVALUATIONS AND PATIENT GOALS.

COMPREHENSIVE ASSESSMENT

INITIAL ASSESSMENTS INCLUDE DETAILED HISTORY TAKING, PHYSICAL EXAMINATION, AND DIAGNOSTIC TESTING WHEN NECESSARY. THIS ALLOWS THERAPISTS TO IDENTIFY IMPAIRMENTS, FUNCTIONAL LIMITATIONS, AND POTENTIAL BARRIERS TO RECOVERY.

GOAL-ORIENTED PLANNING

THERAPISTS COLLABORATE WITH PATIENTS TO SET REALISTIC, MEASURABLE GOALS THAT GUIDE THE REHABILITATION PROCESS. GOALS ARE REGULARLY REVIEWED AND ADJUSTED TO REFLECT PROGRESS AND CHANGING NEEDS.

INTERDISCIPLINARY COLLABORATION

MOVE PHYSICAL THERAPY AND REHABILITATION OFTEN INVOLVES COORDINATION WITH PHYSICIANS, SURGEONS, OCCUPATIONAL THERAPISTS, AND OTHER HEALTHCARE PROFESSIONALS. THIS TEAM APPROACH ENSURES COMPREHENSIVE CARE AND MAXIMIZES TREATMENT EFFECTIVENESS.

PATIENT EDUCATION AND EMPOWERMENT

EDUCATION ON INJURY PREVENTION, POSTURE, ERGONOMICS, AND HOME EXERCISE PROGRAMS EMPOWERS PATIENTS TO TAKE AN ACTIVE ROLE IN THEIR RECOVERY AND MAINTAIN LONG-TERM HEALTH.

CHOOSING THE RIGHT IMOVE PHYSICAL THERAPY PROVIDER

SELECTING A QUALIFIED AND EXPERIENCED IMOVE PHYSICAL THERAPY AND REHABILITATION PROVIDER IS ESSENTIAL FOR ACHIEVING OPTIMAL OUTCOMES. SEVERAL FACTORS SHOULD BE CONSIDERED DURING THE SELECTION PROCESS.

CREDENTIALS AND EXPERIENCE

LOOK FOR LICENSED PHYSICAL THERAPISTS WITH SPECIALIZED TRAINING IN REHABILITATION TECHNIQUES AND EXTENSIVE CLINICAL EXPERIENCE. PROVIDERS AFFILIATED WITH REPUTABLE INSTITUTIONS OR PROFESSIONAL ORGANIZATIONS OFTEN DEMONSTRATE COMMITMENT TO QUALITY CARE.

RANGE OF SERVICES

A PROVIDER OFFERING A WIDE RANGE OF SERVICES, INCLUDING ORTHOPEDIC, NEUROLOGICAL, AND POST-SURGICAL REHABILITATION, ENSURES COMPREHENSIVE TREATMENT OPTIONS TAILORED TO INDIVIDUAL NEEDS.

PATIENT-CENTERED APPROACH

PROVIDERS THAT EMPHASIZE PERSONALIZED CARE, THOROUGH ASSESSMENTS, AND COLLABORATIVE GOAL SETTING FOSTER BETTER PATIENT ENGAGEMENT AND SUCCESSFUL REHABILITATION OUTCOMES.

FACILITY AND EQUIPMENT

MODERN FACILITIES EQUIPPED WITH ADVANCED THERAPEUTIC TECHNOLOGIES CONTRIBUTE TO EFFECTIVE TREATMENT AND PATIENT COMFORT. ACCESSIBILITY AND CONVENIENCE OF LOCATION ALSO IMPACT PATIENT ADHERENCE TO THERAPY SCHEDULES.

INSURANCE AND AFFORDABILITY

UNDERSTANDING INSURANCE COVERAGE, PAYMENT OPTIONS, AND COST TRANSPARENCY HELPS PATIENTS MAKE INFORMED DECISIONS AND AVOID UNEXPECTED EXPENSES.

- LICENSED AND EXPERIENCED PHYSICAL THERAPISTS
- COMPREHENSIVE RANGE OF REHABILITATION SERVICES
- PATIENT-FOCUSED TREATMENT PLANS
- STATE-OF-THE-ART FACILITIES AND EQUIPMENT
- TRANSPARENT INSURANCE AND PAYMENT POLICIES

FREQUENTLY ASKED QUESTIONS

WHAT SERVICES DOES iMOVE PHYSICAL THERAPY AND REHABILITATION OFFER?

iMOVE PHYSICAL THERAPY AND REHABILITATION OFFERS A RANGE OF SERVICES INCLUDING ORTHOPEDIC REHABILITATION, SPORTS INJURY THERAPY, POST-OPERATIVE RECOVERY, PAIN MANAGEMENT, AND PERSONALIZED EXERCISE PROGRAMS TO IMPROVE MOBILITY AND STRENGTH.

HOW CAN iMOVE PHYSICAL THERAPY HELP WITH CHRONIC PAIN?

iMOVE PHYSICAL THERAPY USES TARGETED TREATMENTS SUCH AS MANUAL THERAPY, THERAPEUTIC EXERCISES, AND PAIN RELIEF TECHNIQUES TO REDUCE INFLAMMATION, IMPROVE FUNCTION, AND MANAGE CHRONIC PAIN EFFECTIVELY.

DOES iMOVE PHYSICAL THERAPY ACCEPT INSURANCE?

YES, iMOVE PHYSICAL THERAPY AND REHABILITATION ACCEPTS MOST MAJOR INSURANCE PLANS. IT IS RECOMMENDED TO CONTACT THEIR OFFICE DIRECTLY TO VERIFY YOUR SPECIFIC INSURANCE COVERAGE AND BENEFITS.

WHAT MAKES iMOVE PHYSICAL THERAPY DIFFERENT FROM OTHER REHABILITATION CENTERS?

iMOVE PHYSICAL THERAPY FOCUSES ON PERSONALIZED CARE PLANS TAILORED TO EACH PATIENT'S UNIQUE NEEDS, COMBINING ADVANCED TECHNIQUES WITH COMPASSIONATE SUPPORT TO PROMOTE FASTER RECOVERY AND LONG-TERM WELLNESS.

CAN iMOVE PHYSICAL THERAPY HELP ATHLETES RECOVER FROM SPORTS INJURIES?

ABSOLUTELY, iMOVE PHYSICAL THERAPY SPECIALIZES IN SPORTS INJURY REHABILITATION, PROVIDING CUSTOMIZED TREATMENT PLANS THAT FOCUS ON PAIN RELIEF, RESTORING FUNCTION, AND PREVENTING FUTURE INJURIES FOR ATHLETES OF ALL LEVELS.

HOW LONG DOES A TYPICAL REHABILITATION PROGRAM AT iMOVE PHYSICAL THERAPY LAST?

THE LENGTH OF A REHABILITATION PROGRAM AT iMOVE PHYSICAL THERAPY VARIES DEPENDING ON THE INDIVIDUAL'S CONDITION AND GOALS BUT TYPICALLY RANGES FROM A FEW WEEKS TO SEVERAL MONTHS TO ENSURE OPTIMAL RECOVERY.

DOES iMOVE PHYSICAL THERAPY OFFER TELEHEALTH OR VIRTUAL REHABILITATION SESSIONS?

Yes, iMove Physical Therapy provides telehealth services, allowing patients to receive professional guidance and therapy sessions remotely, which is convenient for those who cannot visit the clinic in person.

ADDITIONAL RESOURCES

1. *FOUNDATIONS OF iMOVE PHYSICAL THERAPY: PRINCIPLES AND PRACTICE*

THIS COMPREHENSIVE GUIDE COVERS THE ESSENTIAL PRINCIPLES BEHIND iMOVE PHYSICAL THERAPY, FOCUSING ON INNOVATIVE REHABILITATION TECHNIQUES. IT EXPLAINS HOW TO INTEGRATE TECHNOLOGY WITH TRADITIONAL THERAPY TO ENHANCE PATIENT OUTCOMES. IDEAL FOR BOTH STUDENTS AND PRACTICING THERAPISTS, THE BOOK PROVIDES CASE STUDIES AND EVIDENCE-BASED APPROACHES TO IMPROVING MOBILITY AND FUNCTION.

2. *ADVANCED REHABILITATION STRATEGIES IN iMOVE THERAPY*

DELVING DEEPER INTO SPECIALIZED REHABILITATION METHODS, THIS BOOK EXPLORES ADVANCED iMOVE THERAPY TECHNIQUES FOR COMPLEX MUSCULOSKELETAL AND NEUROLOGICAL CONDITIONS. IT EMPHASIZES PERSONALIZED TREATMENT PLANS AND CUTTING-EDGE MODALITIES TO ACCELERATE RECOVERY. THERAPISTS WILL FIND DETAILED PROTOCOLS AND OUTCOME MEASUREMENT TOOLS TO OPTIMIZE PATIENT CARE.

3. *iMOVE PHYSICAL THERAPY FOR SPORTS INJURIES*

FOCUSED ON ATHLETIC POPULATIONS, THIS BOOK ADDRESSES PREVENTION, ASSESSMENT, AND REHABILITATION OF COMMON SPORTS INJURIES USING iMOVE PRINCIPLES. IT OFFERS PRACTICAL EXERCISES AND REHABILITATION PROGRAMS TAILORED TO ATHLETES' UNIQUE NEEDS. THE TEXT ALSO DISCUSSES RETURN-TO-PLAY CRITERIA AND INJURY RISK REDUCTION STRATEGIES.

4. *TECHNOLOGY INTEGRATION IN iMOVE REHABILITATION*

THIS BOOK HIGHLIGHTS THE ROLE OF EMERGING TECHNOLOGIES SUCH AS WEARABLE DEVICES, VIRTUAL REALITY, AND TELEHEALTH IN ENHANCING iMOVE PHYSICAL THERAPY. IT REVIEWS THE LATEST RESEARCH AND PROVIDES GUIDELINES FOR INCORPORATING TECH TOOLS INTO EVERYDAY CLINICAL PRACTICE. THERAPISTS WILL LEARN HOW TO LEVERAGE TECHNOLOGY TO IMPROVE PATIENT ENGAGEMENT AND OUTCOMES.

5. *NEUROLOGICAL REHABILITATION WITH iMOVE TECHNIQUES*

SPECIALIZING IN NEUROLOGICAL DISORDERS, THIS BOOK PRESENTS iMOVE THERAPY APPROACHES FOR CONDITIONS LIKE STROKE, PARKINSON'S DISEASE, AND SPINAL CORD INJURIES. IT COMBINES NEUROPLASTICITY PRINCIPLES WITH FUNCTIONAL MOVEMENT TRAINING TO RESTORE MOTOR CONTROL. THE BOOK INCLUDES PATIENT CASE STUDIES AND EVIDENCE-BASED PROTOCOLS FOR EFFECTIVE REHABILITATION.

6. *PEDIATRIC iMOVE PHYSICAL THERAPY: GROWTH AND DEVELOPMENT FOCUS*

THIS RESOURCE ADDRESSES THE UNIQUE CHALLENGES OF PEDIATRIC REHABILITATION, EMPHASIZING GROWTH AND DEVELOPMENTAL MILESTONES WITHIN THE iMOVE FRAMEWORK. IT OFFERS STRATEGIES FOR MANAGING CONGENITAL AND ACQUIRED CONDITIONS IN CHILDREN, PROMOTING OPTIMAL PHYSICAL FUNCTION. FAMILY-CENTERED CARE AND PLAY-BASED THERAPY METHODS ARE ALSO DISCUSSED.

7. *GERIATRIC REHABILITATION AND MOBILITY ENHANCEMENT THROUGH iMOVE*

TARGETING THE ELDERLY POPULATION, THIS BOOK EXPLORES TECHNIQUES TO IMPROVE BALANCE, STRENGTH, AND MOBILITY USING iMOVE PHYSICAL THERAPY. IT COVERS FALL PREVENTION, CHRONIC DISEASE MANAGEMENT, AND ADAPTIVE EQUIPMENT USE. THE TEXT AIMS TO ENHANCE INDEPENDENCE AND QUALITY OF LIFE FOR OLDER ADULTS THROUGH TAILORED REHABILITATION PLANS.

8. *EVIDENCE-BASED PRACTICE IN iMOVE PHYSICAL THERAPY*

THIS BOOK EMPHASIZES THE IMPORTANCE OF RESEARCH AND CLINICAL EVIDENCE IN DEVELOPING EFFECTIVE iMOVE THERAPY INTERVENTIONS. IT GUIDES THERAPISTS ON CRITICALLY APPRAISING SCIENTIFIC LITERATURE AND APPLYING FINDINGS TO PRACTICE. THE BOOK ALSO DISCUSSES OUTCOME MEASUREMENT AND CONTINUOUS QUALITY IMPROVEMENT IN REHABILITATION.

9. *PATIENT-CENTERED CARE IN iMOVE REHABILITATION*

FOCUSING ON THE THERAPEUTIC RELATIONSHIP, THIS BOOK EXPLORES STRATEGIES TO ENGAGE PATIENTS ACTIVELY IN THEIR REHABILITATION JOURNEY. IT HIGHLIGHTS COMMUNICATION SKILLS, MOTIVATIONAL INTERVIEWING, AND GOAL-SETTING WITHIN

Imove Physical Therapy And Rehabilitation

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imove physical therapy and rehabilitation: Pediatric Rehabilitation Dennis J. Matthews, 2009-09-18 A Doody's Core Title 2012 Thoroughly updated and expanded, the new edition of the classic comprehensive reference on pediatric rehabilitation brings together specialists from the various wings of the pediatric rehabilitation community. This market-leading text covers everything from basic examination and psychological assessment to electrodiagnosis, therapeutic exercise, orthotics and assistive devices, and in-depth clinical management of the full range of childhood disabilities and injuries. Features include: Expanded new edition of Dr. Gabriella Molnars pioneering pediatric rehabilitation text Comprehensive coverage of all areas, with up-to-date information on therapy, exercise physiology, CAM, cancer, obesity, and joint replacement Clinical emphasis throughout Multi-specialty expert authorship

imove physical therapy and rehabilitation: Ligamentous Injuries of the Foot and Ankle Pieter D'Hooghe, Kenneth J. Hunt, Jeremy J. McCormick, 2022-09-13 Aimed at sports medicine and foot and ankle clinicians globally who see and treat ligamentous injuries to the foot and ankle, the focus of this comprehensive text is on cutting-edge techniques in both non-surgical and surgical treatment, rehabilitation, and safe and expeditious return to sport. Techniques and technology move very rapidly in this space, and this book serves as a ready resource on current surgical and rehabilitation techniques for these conditions. Opening with a review of the relevant anatomy and biomechanics of the foot and ankle, as well as current imaging techniques, the text then turns to the diagnosis, management and rehabilitation of specific ligamentous injuries and conditions. Multiple management techniques are presented for lateral ankle sprains and instability, syndesmotic injuries, deltoid and spring ligament injuries, Lisfranc injuries, and plantar plate and sesamoid injuries. Generous clinical photographs and illustrations highlight current techniques and diagnostic algorithms, and selected chapter-associated video segments are included, demonstrating surgical and rehabilitation techniques and equipment. Written and edited by experts in the field who routinely manage these injuries using the most effective techniques, *Ligamentous Injuries of the Foot and Ankle* is a terrific resource for orthopedic and sports medicine clinicians and rehabilitation providers at all levels.

imove physical therapy and rehabilitation: Index Medicus , 2004 Vols. for 1963- include as pt. 2 of the Jan. issue: Medical subject headings.

imove physical therapy and rehabilitation: Contraindications in Physical Rehabilitation - E-Book Mitchell Batavia, 2006-05-09 This essential handbook provides clinicians with a summary of contraindications and precautions to review before treating patients seeking physical rehabilitation. This detailed resource discusses all of the contraindications in one convenient source and includes the full range of interventions, ranging from physical agents to supportive devices to therapeutic exercises. Organized by ICD categories and referenced from multiple sources, with strong coverage of adverse events, this handbook helps to ensure safe practice. - Provides crucial, easily accessible information to refresh therapists on contraindications that may not fall within their routine area of

treatment. - Covers the full range of interventions in detail, including the purpose of the intervention, mechanism, contraindications and precautions, rationale, and references. - Helps ensure that practitioners do no harm, providing safer client care and addressing clients with pre-existing conditions. - Uses terminology from The Guide to Physical Therapist Practice, reinforcing the use of up-to-date language. - Presents quality information from a highly renowned author, with evidence-based information throughout.

imove physical therapy and rehabilitation: Rehabilitation Barbara Gibson, 2016-01-15 A re-examination of the core concepts and philosophical foundations of physical rehabilitation is highlighted in this book. Taking movement as a starting point, the book expands understandings of movement beyond the physical body and outlines some of the limitations of related concepts that underpin contemporary rehabilitation practice. Engaging in multiple ideas of movement, not only physical but social, emotional, and political, the book investigates the limitations of biomedicine as the framework for rehabilitation and explores new directions to diversify practice.

imove physical therapy and rehabilitation: Quick Reference Dictionary for Physical Therapy Jennifer Bottomley, 2024-06-01 Quick Reference Dictionary for Physical Therapy has been revised and updated into a Third Edition to include the latest information in the field of physical therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist • A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

imove physical therapy and rehabilitation: Documentation for Rehabilitation Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even

broader range of clinical practice areas.

move physical therapy and rehabilitation: Wellness and Physical Therapy Sharon Fair, 2009-05 The focus of Wellness and Physical Therapy will be the application of wellness, particularly fitness wellness, to the practice and profession of physical therapy. The book addresses all items related to wellness in the Normative Model of Physical Therapist Professional Education: Version 2004, the Guide to Physical Therapist Practice, and APTA's Education Strategic Plan. The text consists of foundational knowledge, theoretical models, empirical research and application of material to physical therapy practice. Evidence-based practice is emphasized through a mixed approach of formalist and reader-response. An important text for all physical therapy students! Available resources include PowerPoints for instructors.

move physical therapy and rehabilitation: Transformative Physical Rehabilitation Claire-Jehanne Dubouloz Wilner, 2020-09-08 In adult physical rehabilitation, the transformative learning theory presents the basis for a detailed model of Meaning Perspective Transformation in Physical Rehabilitation based on research evidence, with examples and cases, and presents directives for clinical applications. Transformative Physical Rehabilitation: Thriving After a Major Health Event draws from the theoretical background of transformative learning in adult education (Mezirow) to discuss the expansion and transfer of knowledge to clinical rehabilitation and community health rehabilitation settings for rehabilitation interventions. It also presents ground breaking findings of a fifteen-year research project on the process of meaning perspective transformation with client/patient groups. The project generated the first model of transformative change in the field of physical rehabilitation, built on the results of successive, externally funded research projects completed for the first time with various client populations undergoing interventions in occupational therapy, physiotherapy, and other physical health rehabilitation disciplines. The book is written for clinicians, educators, and students of physical rehabilitation, as well as for those who are interested in helping a loved one deal with personal change. Published in English.

move physical therapy and rehabilitation: Movement Science Roberta B. Shepherd, 1987

move physical therapy and rehabilitation: Acute Care Physical Therapy Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of Acute Care Physical Therapy: A Clinician's Guide, Second Edition is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases Acute Care Physical Therapy: A Clinician's Guide, Second Edition will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

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