FRONT PORCH FAMILY MEDICINE

FRONT PORCH FAMILY MEDICINE REPRESENTS A COMPREHENSIVE AND PATIENT-CENTERED APPROACH TO HEALTHCARE THAT PRIORITIZES ONGOING RELATIONSHIPS BETWEEN PATIENTS AND THEIR HEALTHCARE PROVIDERS. THIS MODEL OF CARE EMPHASIZES ACCESSIBILITY, CONTINUITY, AND PERSONALIZED TREATMENT PLANS FOR INDIVIDUALS AND FAMILIES. BY INTEGRATING PREVENTIVE CARE, CHRONIC DISEASE MANAGEMENT, AND ACUTE MEDICAL TREATMENT, FRONT PORCH FAMILY MEDICINE SERVES AS A CORNERSTONE FOR MAINTAINING COMMUNITY HEALTH AND WELLBEING. THIS ARTICLE EXPLORES THE CORE PRINCIPLES, SERVICES, AND BENEFITS OF FRONT PORCH FAMILY MEDICINE PRACTICES. ADDITIONALLY, IT HIGHLIGHTS HOW THIS APPROACH SUPPORTS HOLISTIC CARE FOR ALL AGE GROUPS, ADDRESSES COMMON HEALTH CONCERNS, AND PROMOTES A PROACTIVE STANCE ON HEALTH MAINTENANCE. READERS WILL GAIN INSIGHT INTO THE OPERATIONAL FRAMEWORK OF FAMILY MEDICINE CLINICS AND UNDERSTAND WHY THEY ARE ESSENTIAL IN TODAY'S HEALTHCARE LANDSCAPE.

- UNDERSTANDING FRONT PORCH FAMILY MEDICINE
- Key Services Offered
- BENEFITS OF CHOOSING FRONT PORCH FAMILY MEDICINE
- PATIENT-CENTERED APPROACH AND CARE COORDINATION
- Preventive Care and Chronic Disease Management
- How Family Medicine Supports Community Health

UNDERSTANDING FRONT PORCH FAMILY MEDICINE

FRONT PORCH FAMILY MEDICINE REFERS TO A HEALTHCARE MODEL THAT FOCUSES ON PROVIDING COMPREHENSIVE MEDICAL CARE TO INDIVIDUALS AND FAMILIES IN A WELCOMING, COMMUNITY-ORIENTED SETTING. THE TERM "FRONT PORCH" SYMBOLIZES THE APPROACHABLE AND FAMILIAR ENVIRONMENT THAT FAMILY MEDICINE PRACTICES STRIVE TO CREATE, FOSTERING TRUST AND LONG-TERM RELATIONSHIPS BETWEEN PATIENTS AND HEALTHCARE PROVIDERS. THIS MODEL EMPHASIZES ACCESSIBILITY, OFTEN SERVING AS THE FIRST POINT OF CONTACT FOR PATIENTS SEEKING MEDICAL ATTENTION. FAMILY MEDICINE PRACTITIONERS ARE TRAINED TO ADDRESS A WIDE RANGE OF HEALTH ISSUES ACROSS ALL AGES, GENDERS, AND PARTS OF THE BODY, MAKING THEM INTEGRAL TO CONTINUOUS, HOLISTIC HEALTHCARE DELIVERY.

THE ROLE OF FAMILY MEDICINE PHYSICIANS

Family medicine physicians are primary care providers who deliver comprehensive health services. They manage acute illnesses, chronic conditions, mental health, and preventive care, tailoring treatments to the unique needs of each patient. Their broad training allows them to coordinate care with specialists when necessary, ensuring seamless healthcare experiences. These physicians often serve multiple generations within families, reinforcing continuity of care and enhancing health outcomes.

COMMUNITY-FOCUSED HEALTHCARE

FRONT PORCH FAMILY MEDICINE PRACTICES OFTEN EMPHASIZE COMMUNITY ENGAGEMENT AND OUTREACH. THEY OPERATE WITH THE UNDERSTANDING THAT SOCIAL DETERMINANTS OF HEALTH, INCLUDING ENVIRONMENT AND LIFESTYLE, PLAY A SIGNIFICANT ROLE IN PATIENT WELLBEING. BY FOSTERING STRONG COMMUNITY TIES, THESE PRACTICES CAN BETTER ADDRESS PUBLIC HEALTH CONCERNS, PROMOTE HEALTHY BEHAVIORS, AND REDUCE BARRIERS TO CARE.

KEY SERVICES OFFERED

Family medicine clinics deliver a broad spectrum of medical services designed to meet the diverse needs of patients. These services are comprehensive, covering preventive, acute, and chronic care. The goal is to provide patients with convenient access to high-quality medical care in one location.

PREVENTIVE CARE

Preventive care is a cornerstone of front porch family medicine, focusing on early detection and health promotion to prevent disease. Services include routine physical exams, immunizations, screening tests, and counseling on lifestyle modifications such as nutrition, exercise, and smoking cessation.

CHRONIC DISEASE MANAGEMENT

Managing chronic conditions like diabetes, hypertension, asthma, and heart disease is a critical service provided by family medicine practitioners. Through regular monitoring, medication management, and patient education, these providers help reduce complications and improve quality of life for patients with long-term illnesses.

ACUTE ILLNESS TREATMENT

FAMILY MEDICINE PRACTICES OFFER DIAGNOSIS AND TREATMENT FOR COMMON ACUTE ILLNESSES SUCH AS INFECTIONS, MINOR INJURIES, AND RESPIRATORY CONDITIONS. THIS IMMEDIATE CARE CAPABILITY HELPS REDUCE THE NEED FOR EMERGENCY ROOM VISITS AND PROVIDES TIMELY MEDICAL ATTENTION.

BEHAVIORAL HEALTH SERVICES

MENTAL HEALTH IS INTEGRATED INTO FAMILY MEDICINE, WITH PROVIDERS SCREENING FOR DEPRESSION, ANXIETY, AND OTHER BEHAVIORAL HEALTH ISSUES. THEY MAY OFFER COUNSELING, COORDINATE PSYCHIATRIC CARE, OR REFER PATIENTS TO SPECIALIZED MENTAL HEALTH SERVICES WHEN NEEDED.

BENEFITS OF CHOOSING FRONT PORCH FAMILY MEDICINE

OPTING FOR FRONT PORCH FAMILY MEDICINE ENSURES PATIENTS RECEIVE A WIDE ARRAY OF BENEFITS THAT ENHANCE HEALTH OUTCOMES AND PATIENT SATISFACTION. THE PERSONALIZED AND CONTINUOUS NATURE OF CARE STRENGTHENS THE PATIENT-PROVIDER RELATIONSHIP, LEADING TO BETTER UNDERSTANDING AND MANAGEMENT OF HEALTH CONCERNS.

CONTINUITY AND COORDINATION OF CARE

One of the primary benefits is continuity of care, which allows providers to develop in-depth knowledge of patients' medical histories and family dynamics. This familiarity enables better diagnosis, personalized treatment plans, and efficient coordination with specialists or hospitals when required.

COMPREHENSIVE AND CONVENIENT CARE

Family medicine clinics centralize healthcare services, reducing the need for multiple appointments in different locations. Patients can address a variety of health issues in one setting, saving time and improving care consistency.

IMPROVED PREVENTIVE HEALTH OUTCOMES

REGULAR INTERACTIONS WITH FAMILY MEDICINE PROVIDERS ENCOURAGE ADHERENCE TO PREVENTIVE MEASURES, SUCH AS VACCINATIONS AND SCREENINGS, WHICH CAN DETECT HEALTH PROBLEMS EARLY AND REDUCE THE RISK OF SERIOUS DISEASE.

PATIENT-CENTERED APPROACH AND CARE COORDINATION

FRONT PORCH FAMILY MEDICINE PRACTICES PRIORITIZE A PATIENT-CENTERED APPROACH, ENSURING THAT CARE IS RESPECTFUL OF AND RESPONSIVE TO INDIVIDUAL PATIENT PREFERENCES, NEEDS, AND VALUES. THIS APPROACH FOSTERS COLLABORATION AND SHARED DECISION-MAKING BETWEEN PATIENTS AND PROVIDERS.

PERSONALIZED HEALTH PLANS

PROVIDERS DEVELOP INDIVIDUALIZED CARE PLANS BASED ON COMPREHENSIVE ASSESSMENTS THAT CONSIDER MEDICAL HISTORY, LIFESTYLE, AND SOCIAL FACTORS. THESE PLANS PROMOTE ACHIEVABLE HEALTH GOALS TAILORED TO EACH PATIENT'S CIRCUMSTANCES.

CARE COORDINATION WITH SPECIALISTS

Family medicine practitioners serve as coordinators of care, facilitating referrals and communication with specialists, therapists, and other healthcare professionals. This coordination ensures that patients receive comprehensive and integrated care.

PREVENTIVE CARE AND CHRONIC DISEASE MANAGEMENT

PREVENTIVE CARE AND CHRONIC DISEASE MANAGEMENT ARE FOUNDATIONAL ELEMENTS OF FRONT PORCH FAMILY MEDICINE, AIMED AT MAINTAINING HEALTH AND MANAGING LONG-TERM CONDITIONS EFFECTIVELY.

SCREENINGS AND IMMUNIZATIONS

ROUTINE SCREENINGS SUCH AS BLOOD PRESSURE CHECKS, CHOLESTEROL TESTS, CANCER SCREENINGS, AND IMMUNIZATIONS ARE PROVIDED TO DETECT HEALTH ISSUES EARLY AND PREVENT DISEASE PROGRESSION.

EDUCATION AND LIFESTYLE COUNSELING

PROVIDERS OFFER EDUCATION ON NUTRITION, PHYSICAL ACTIVITY, STRESS MANAGEMENT, AND OTHER LIFESTYLE FACTORS THAT INFLUENCE HEALTH. COUNSELING HELPS PATIENTS ADOPT HEALTHIER BEHAVIORS AND IMPROVE OVERALL WELLBEING.

MONITORING AND MEDICATION MANAGEMENT

CHRONIC DISEASE MANAGEMENT INCLUDES REGULAR MONITORING OF SYMPTOMS AND LABORATORY VALUES, AS WELL AS MEDICATION ADJUSTMENTS TO OPTIMIZE TREATMENT EFFECTIVENESS AND MINIMIZE SIDE EFFECTS.

HOW FAMILY MEDICINE SUPPORTS COMMUNITY HEALTH

BEYOND INDIVIDUAL PATIENT CARE, FRONT PORCH FAMILY MEDICINE PRACTICES CONTRIBUTE SIGNIFICANTLY TO THE HEALTH OF THE BROADER COMMUNITY. THEIR COMPREHENSIVE APPROACH ADDRESSES PUBLIC HEALTH CHALLENGES AND PROMOTES WELLNESS ON A LARGER SCALE.

PUBLIC HEALTH INITIATIVES

FAMILY MEDICINE PROVIDERS OFTEN PARTICIPATE IN VACCINATION DRIVES, HEALTH SCREENINGS, AND EDUCATIONAL PROGRAMS AIMED AT PREVENTING DISEASE AND PROMOTING HEALTHY LIFESTYLES WITHIN THE COMMUNITY.

ADDRESSING SOCIAL DETERMINANTS OF HEALTH

RECOGNIZING THAT FACTORS SUCH AS SOCIOECONOMIC STATUS, EDUCATION, AND ENVIRONMENT IMPACT HEALTH, FAMILY MEDICINE PRACTICES WORK TO IDENTIFY AND MITIGATE BARRIERS TO CARE. THIS MAY INCLUDE CONNECTING PATIENTS WITH SOCIAL SERVICES AND RESOURCES.

EMERGENCY PREPAREDNESS AND RESPONSE

FAMILY MEDICINE CLINICS PLAY A ROLE IN COMMUNITY RESILIENCE BY SUPPORTING EMERGENCY PREPAREDNESS EFFORTS AND PROVIDING CARE DURING PUBLIC HEALTH CRISES, SUCH AS DISEASE OUTBREAKS OR NATURAL DISASTERS.

SUMMARY OF FRONT PORCH FAMILY MEDICINE SERVICES

- COMPREHENSIVE PRIMARY CARE FOR ALL AGES
- PREVENTIVE HEALTH SCREENINGS AND IMMUNIZATIONS
- Management of Chronic diseases
- TREATMENT OF ACUTE ILLNESSES AND INJURIES
- BEHAVIORAL HEALTH INTEGRATION
- CARE COORDINATION AND SPECIALIST REFERRALS
- HEALTH EDUCATION AND LIFESTYLE COUNSELING
- COMMUNITY HEALTH ENGAGEMENT AND SUPPORT

FREQUENTLY ASKED QUESTIONS

WHAT SERVICES DOES FRONT PORCH FAMILY MEDICINE OFFER?

FRONT PORCH FAMILY MEDICINE PROVIDES COMPREHENSIVE PRIMARY CARE SERVICES INCLUDING PREVENTIVE CARE, CHRONIC DISEASE MANAGEMENT, ACUTE ILLNESS TREATMENT, WELLNESS EXAMS, IMMUNIZATIONS, AND HEALTH SCREENINGS FOR PATIENTS OF ALL AGES.

HOW CAN I SCHEDULE AN APPOINTMENT AT FRONT PORCH FAMILY MEDICINE?

YOU CAN SCHEDULE AN APPOINTMENT AT FRONT PORCH FAMILY MEDICINE BY CALLING THEIR OFFICE DIRECTLY, USING THEIR ONLINE APPOINTMENT SYSTEM IF AVAILABLE, OR THROUGH PATIENT PORTALS OFFERED BY THE PRACTICE.

DOES FRONT PORCH FAMILY MEDICINE ACCEPT INSURANCE?

YES, FRONT PORCH FAMILY MEDICINE ACCEPTS A VARIETY OF INSURANCE PLANS. IT IS RECOMMENDED TO CONTACT THEIR OFFICE OR CHECK THEIR WEBSITE TO CONFIRM IF YOUR SPECIFIC INSURANCE IS ACCEPTED.

WHAT MAKES FRONT PORCH FAMILY MEDICINE DIFFERENT FROM OTHER FAMILY MEDICINE CLINICS?

FRONT PORCH FAMILY MEDICINE EMPHASIZES PERSONALIZED, PATIENT-CENTERED CARE WITH A FOCUS ON BUILDING LONG-TERM RELATIONSHIPS, OFFERING CONVENIENT SERVICES, AND PROVIDING HOLISTIC TREATMENT TAILORED TO EACH FAMILY MEMBER'S NEEDS.

ARE TELEMEDICINE SERVICES AVAILABLE AT FRONT PORCH FAMILY MEDICINE?

Many family medicine practices, including Front Porch Family Medicine, offer telemedicine services to provide virtual consultations and follow-ups, making healthcare more accessible and convenient for patients.

CAN FRONT PORCH FAMILY MEDICINE HELP WITH MANAGING CHRONIC CONDITIONS?

YES, FRONT PORCH FAMILY MEDICINE SPECIALIZES IN MANAGING CHRONIC CONDITIONS SUCH AS DIABETES, HYPERTENSION, ASTHMA, AND HEART DISEASE THROUGH REGULAR MONITORING, MEDICATION MANAGEMENT, AND LIFESTYLE COUNSELING.

WHAT SHOULD I BRING TO MY FIRST VISIT AT FRONT PORCH FAMILY MEDICINE?

FOR YOUR FIRST VISIT, BRING A VALID ID, INSURANCE CARD, A LIST OF CURRENT MEDICATIONS, MEDICAL HISTORY RECORDS, AND ANY QUESTIONS OR CONCERNS YOU HAVE ABOUT YOUR HEALTH TO ENSURE A THOROUGH CONSULTATION.

ADDITIONAL RESOURCES

- 1. FRONT PORCH FAMILY MEDICINE: A HOLISTIC APPROACH TO COMMUNITY CARE
- THIS BOOK EXPLORES THE PRINCIPLES OF FAMILY MEDICINE PRACTICED IN A COMMUNITY SETTING, EMPHASIZING HOLISTIC CARE THAT INTEGRATES PHYSICAL, EMOTIONAL, AND SOCIAL HEALTH. IT PROVIDES PRACTICAL STRATEGIES FOR BUILDING TRUST AND RAPPORT WITH PATIENTS THROUGH PERSONALIZED ATTENTION AND CULTURALLY SENSITIVE COMMUNICATION. READERS WILL FIND CASE STUDIES THAT ILLUSTRATE EFFECTIVE FAMILY-FOCUSED HEALTHCARE DELIVERED RIGHT ON THE FRONT PORCH.
- 2. THE FRONT PORCH DOCTOR: STORIES AND STRATEGIES FROM FAMILY MEDICINE

A COLLECTION OF COMPELLING NARRATIVES FROM FAMILY PHYSICIANS WHO PRACTICE MEDICINE IN RURAL AND SUBURBAN NEIGHBORHOODS. THE BOOK HIGHLIGHTS THE IMPORTANCE OF ACCESSIBILITY, CONTINUITY OF CARE, AND THE ROLE OF THE FRONT PORCH AS A SPACE FOR INFORMAL CONSULTATIONS AND HEALTH EDUCATION. IT OFFERS INSIGHTS INTO MANAGING COMMON AILMENTS AND CHRONIC DISEASES WITHIN THE FAMILY CONTEXT.

- 3. COMMUNITY HEALING: FRONT PORCH MEDICINE FOR FAMILIES AND NEIGHBORS
- FOCUSING ON THE ROLE OF THE FRONT PORCH AS A COMMUNITY HEALTH HUB, THIS BOOK DISCUSSES WAYS TO PROMOTE WELLNESS AND PREVENTIVE CARE AMONG FAMILIES. IT UNDERSCORES THE SIGNIFICANCE OF COMMUNITY ENGAGEMENT AND PEER SUPPORT IN MANAGING HEALTH CHALLENGES. PRACTICAL TIPS FOR SETTING UP INFORMAL HEALTH CLINICS AND ORGANIZING NEIGHBORHOOD HEALTH INITIATIVES ARE INCLUDED.
- 4. THE ART OF FAMILY MEDICINE ON THE FRONT PORCH

THIS GUIDE DELVES INTO THE INTERPERSONAL SKILLS AND COMPASSIONATE CARE TECHNIQUES ESSENTIAL FOR FAMILY PHYSICIANS

WORKING IN CLOSE-KNIT COMMUNITIES. IT COVERS PATIENT-CENTERED COMMUNICATION, EMPATHY DEVELOPMENT, AND CULTURALLY APPROPRIATE INTERVENTIONS. THE AUTHOR SHARES PERSONAL EXPERIENCES THAT DEMONSTRATE THE TRANSFORMATIVE POWER OF CARE DELIVERED IN A FAMILIAR, WELCOMING ENVIRONMENT.

- 5. FRONT PORCH PEDIATRICS: CARING FOR CHILDREN IN FAMILY MEDICINE
- DEDICATED TO PEDIATRIC CARE WITHIN THE FAMILY MEDICINE FRAMEWORK, THIS BOOK ADDRESSES COMMON CHILDHOOD ILLNESSES AND DEVELOPMENTAL CONCERNS TREATED IN COMMUNITY SETTINGS. IT EMPHASIZES PARENT EDUCATION AND THE CREATION OF SUPPORTIVE ENVIRONMENTS FOR CHILDREN'S HEALTH. THE FRONT PORCH IS PORTRAYED AS A SAFE SPACE WHERE FAMILIES AND HEALTHCARE PROVIDERS COLLABORATE FOR BETTER OUTCOMES.
- 6. CHRONIC DISEASE MANAGEMENT ON THE FRONT PORCH: A FAMILY MEDICINE PERSPECTIVE
 THIS BOOK PROVIDES STRATEGIES FOR MANAGING CHRONIC ILLNESSES SUCH AS DIABETES, HYPERTENSION, AND ASTHMA WITHIN THE FAMILY CONTEXT. IT HIGHLIGHTS THE IMPORTANCE OF PATIENT EMPOWERMENT, LIFESTYLE MODIFICATION, AND REGULAR MONITORING IN COMMUNITY-BASED CARE. CASE EXAMPLES ILLUSTRATE HOW FRONT PORCH INTERACTIONS CAN FOSTER ADHERENCE AND IMPROVE QUALITY OF LIFE.
- 7. Preventive Family Medicine: Front Porch Strategies for Healthy Living
 Focusing on prevention, this book outlines approaches to encourage healthy habits and early detection of diseases among families. It discusses nutrition, exercise, mental health, and vaccination programs that can be promoted through community engagement. The front porch serves as a metaphor and literal space for health promotion activities.
- 8. THE FRONT PORCH CLINIC: BUILDING TRUST IN FAMILY MEDICINE

 EXAMINING THE SOCIAL DYNAMICS OF TRUST-BUILDING BETWEEN PHYSICIANS AND FAMILIES, THIS BOOK OFFERS TOOLS TO ENHANCE COMMUNICATION AND COLLABORATION. IT ADDRESSES BARRIERS SUCH AS CULTURAL DIFFERENCES, HEALTHCARE SKEPTICISM, AND SOCIOECONOMIC CHALLENGES. READERS WILL LEARN HOW TO CREATE A WELCOMING FRONT PORCH ATMOSPHERE THAT FOSTERS OPENNESS AND PARTNERSHIP.
- 9. INTEGRATIVE FAMILY MEDICINE ON THE FRONT PORCH

THIS BOOK EXPLORES THE INTEGRATION OF CONVENTIONAL MEDICINE WITH COMPLEMENTARY THERAPIES IN FAMILY HEALTHCARE DELIVERED AT THE COMMUNITY LEVEL. IT DISCUSSES APPROACHES SUCH AS HERBAL MEDICINE, MINDFULNESS, AND NUTRITION COUNSELING AS ADJUNCTS TO TRADITIONAL TREATMENTS. PRACTICAL GUIDANCE IS PROVIDED FOR FAMILY PHYSICIANS INTERESTED IN HOLISTIC CARE THAT RESPECTS PATIENT PREFERENCES AND CULTURAL PRACTICES.

Front Porch Family Medicine

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front porch family medicine: *Essentials of Family Medicine* Mindy A. Smith, 2018-03-08 A staple of family medicine training for 30 years, Essentials of Family Medicine offers a comprehensive introduction to this specialty designed just for clerkship students. Covering principles of family medicine, preventive care, and a full range of common ambulatory care problems, it provides all the guidance you need to succeed on a clinical rotation in family medicine.

front porch family medicine: My Whole Life and 48 Years of Small Town Family Medical Practice Paul Tanner, Paul Tanner, Jr. M.D., 2011-05-01 Tanner's book begins with his formative years in Missouri and Georgia during the 1920s and 1930s. As a young man, Tanner begins college in Virginia and then leaves for the island of Saipan during World War II. Upon his return, his medical career began in earnest as he is accepted to the Medical College of Virginia in Richmond. His

internship in Saint Petersburg, Florida landed him in family practice in Auburndale, Florida in 1955 where he spent his career with a number of various patients and their problems. Tanner's memories are gathered from scribbling notes and patients' comments on bits.

front porch family medicine: All in the Family, Doctor Included Vladimir Tsesis, 1999-03 This book presents a pediatrician's spiritual odyssey into the heart of the family and is a remarkable work of love and dedication that honors the human spirit at all ages. This kindly physician - whose earlier work, Who's Yelling in My Stethoscope?, earned many devoted readers - brings us poignant moments, cozy chuckles and sage advice gleaned from his busy pediatrics practice.

front porch family medicine: Medical Brief, 1884

front porch family medicine: The Best Medicine Walt MD Larimore, 2020-10-06 When Dr. Walt Larimore moved his young family to Kissimmee, Florida, to start a small-town medical practice in 1985, he had no idea he was embarking on an enterprise that would change his life in ways both large and small. But there's no telling what you'll run into as a family physician in a rural, small-town community. Perfect for anyone yearning for a simpler, slower pace of life, as well as fans of Dr. Larimore's popular Bryson City series, The Best Medicine is a tender and insightful collection of stories chronicling one young doctor's passage from inexperience to maturity as a physician, husband, father, and community member. Filled with characters colorful and crusty, warm-hearted and hot-headed, witty and winsome, these captivating stories glow with warmth, love, and humor. You'll laugh, you'll cry, and you'll wish Dr. Larimore was your doctor.

front porch family medicine: No Longer a Captive Carol James, 2021-10-07 When Ethne O'Connor's brother tells her of father's unexpected death, Sean asks her to do something she promised herself she'd never do. Come back home. A victim of childhood abuse, Ethne left her father and the small Texas town of Crescent Bluff ten years ago on the night of her high school graduation. She's determined to end the cycle of abuse and believes the only way to do that is remain single. If she has no husband, she'll never have children that can be abused. Then she meets Daniel Spenser, a handsome doctor with chocolate-kiss eyes. Daniel understands her past in a way no one else does. He's lived it. Will Daniel be able to help Ethne break the chains of captivity around her heart? And will God release her from her past, to be free to trust the man she comes to love?

front porch family medicine: Bryson City Secrets Walt Larimore, 2009-12-15 More enchanting tales of the people and events that shaped a young doctor's life and faith during his early practice in the Smoky Mountains. There are places in Bryson City where the smell of home cooking is a little too tempting for an empty stomach. Don't, for instance, pass the Fryemont Inn when the windows are open--not unless you plan to come inside and enjoy fresh-baked rolls, gourmet cooking, and an owner who is as warm and inviting as the food. She's just one of the friendly faces you'll meet in Bryson City Secrets. Told with winsome humor and deep affection, Bryson City Secrets is a story-lover's delight, continuing Dr. Walt Larimore's reminiscences of his early years of country medical practice. Pull up a chair and feast on this rich fare of Smoky Mountain personalities, highland wisdom, and all the tears, laughter, tenderness, faith, courage, and misadventures of small-town life.

front porch family medicine: Corona Millicent Eidson, 2023-08-03 In New Mexico, veterinarian Maya Maguire approaches the end of her training as one of CDC's elite epidemic shock troops. Despite unfinished business with a toxic colleague, her work and personal life fall into place. Until COVID, and its impact on loved ones. After investigating the first human case in Arizona, her focus shifts to coronavirus in animals. As a Chinese American adoptee, her origin story comes full circle like an ouroboros—a dragon eating its tail. Interview with the Author Q: Have you always wanted to be a writer? A: A career in public health can include scientific writing and communication. But even before my training as a veterinarian, I wrote a satirical newspaper and a romance novel. In recent years, I've focused on creative writing as a way to entertain, educate, and enlighten. Q: Why do you write your MayaVerse series of microbial mysteries? A: Disease from animals—zoonoses—make up most emerging disease threats. As we've experienced in recent years, there's been one scary disease after another. Bird flu, Ebola, Zika, SARS, COVID, and monkeypox.

By focusing on a young veterinary epidemiologist named Maya Maguire, readers can enjoy her worldwide travels, scientific discoveries, and relationships as she matures over several decades of her lifetime. Each new disease is a puzzle to solve caused by a microscopic criminal. Q: What is One Health? A: One Health is an important MayaVerse theme. The concept integrates the health of people, other life forms, and the environment, to maximize the benefit for all. Q: What genre of books do you enjoy? A: I'm particularly drawn to upmarket stories with complex themes and happy for now (HFN) endings. I want passionate, engaging characters dealing with difficult life issues. Some of the MayaVerse mysteries are thrillers and many are romantic suspense. With a female medical detective, all are women's fiction. Q: What authors do you read or admire? A: Having grown up in the Southwest, I worship Tony Hillerman and his daughter Anne Hillerman who's carrying on his legacy. For medical thrillers, Tess Gerritsen is my goddess, although Robin Cook and Michael Crichton have great stories with more of a sci/fi leaning than the MayaVerse, which is strongly anchored in reality. I love the romantic suspense of Nora Roberts and the intense relationships of Nicholas Sparks. In the MayaVerse, setting is a strong character, and I'm inspired by the themes and writing of Edward Abbey and John Graves. Q: What are your favorite stories? A: The first book I devoured as a child was a volume of Shakespeare's plays. I'm also a major fan of Lin-Manuel Miranda for "Hamilton" and "In the Heights." Maya Maguire is addicted to storytelling through Broadway musicals, like me. Q: Which of your interests make an appearance in your books? A: Travel throughout the U.S. and worldwide. Animals of all kinds, including pets like cats and dogs, livestock like horses and cattle, and wildlife. Photography, art, music, and museums. Family and friendships. Hiking and old movies.

front porch family medicine: The Flight Girls Noelle Salazar, 2019-07-02 A USA TODAY and PUBLISHERS WEEKLY bestseller—for fans of All the Light We Cannot See and The Tattooist of Auschwitz! "I read well into the night, unable to stop. The book is unputdownable."—Debbie Macomber, #1 New York Times bestselling author "Heart-breaking, validating, exciting."—Hypable "Rich historical detail...this saga has it all."—Woman's World Shining a light on a little-known piece of history The Flight Girls is a sweeping portrayal of women's fearlessness, love, and the power of friendship to make us soar. 1941. Audrey Coltrane has always wanted to fly. It's why she implored her father to teach her at the little airfield back home in Texas. It's why she signed up to train military pilots in Hawaii when the war in Europe began. And it's why she insists she is not interested in any dream-derailing romantic involvements, even with the disarming Lieutenant James Hart, who fast becomes a friend as treasured as the women she flies with. Then one fateful day, she gets caught in the air over Pearl Harbor just as the bombs begin to fall, and suddenly, nowhere feels safe. To make everything she's lost count for something, Audrey joins the Women Airforce Service Pilots program. The bonds she forms with her fellow pilots reignite a spark of hope in the face war, and—when James goes missing in action—give Audrey the strength to cross the front lines and fight not only for her country, but for the love she holds so dear. Don't miss Noelle Salazar's next sweeping story, THE LIES WE LEAVE BEHIND, where a fearless nurse must leave love behind when duty calls her back to the front... More from Noelle Salazar: The Roaring Days of Zora Lily The Flight Girls

front porch family medicine: Mad Matters Brenda A. LeFrançois, Robert Menzies, Geoffrey Reaume, 2013 In 1981, Toronto activist Mel Starkman wrote: An important new movement is sweeping through the western world.... The 'mad,' the oppressed, the ex-inmates of society's asylums are coming together and speaking for themselves. Mad Matters is the first Canadian book to bring together the writings of this vital movement, which has grown explosively in the years since. With contributions from scholars in numerous disciplines, as well as activists and psychiatric survivors, it presents diverse critical voices that convey the lived experiences of the psychiatrized and challenges dominant understandings of mental illness. The connections between mad activism and other liberation struggles are stressed throughout, making the book a major contribution to the literature on human rights and anti-oppression.

front porch family medicine: Do No Harm Dawn Eastman, 2018-12-11 Readers of J. T. Ellison

and Tess Gerritsen will be enthralled by Do No Harm, by real-life small-town doctor and national bestselling author Dawn Eastman. Small-town doctor Katie LeClair is drawn back into an old murder investigation, a mysterious disappearance, and a dark undercurrent of violence. The idyllic town of Baxter, Michigan, seemed like the perfect place for Dr. Katie LeClair to settle down after years toiling in medical school—until the murder of a patient shattered the peace she had found. Now on the mend and balancing the responsibilities of a new house and the joys of a new romance, Katie is finally ready to start enjoying life. But danger arrives just as the town is gearing up for its annual Halloween festival—and once again, this doctor-turned-sleuth will have to unmask a killer in their midst. Trouble comes in threes this Halloween. Katie sees a new patient who has just been released from prison for a murder he says he didn't commit. Inexplicably, the patient suddenly goes missing. And matters take an even more sinister turn when a college student who had been investigating Katie's old murder case is found dead in the woods near Baxter. Could Katie's involvement with the case be responsible for the student's violent death? Is her new patient truly a cold-blooded murderer? Is this Halloween about to become a real-life horror show? Katie embarks on a desperate race to find the truth in Do No Harm, the second gripping Dr. Katie LeClair mystery.

front porch family medicine: O. Henry: 101 Stories (LOA #345) O. Henry, 2021-07-13 The ultimate O. Henry: an annotated edition of classic tales by America's master storyteller Texas troubadour, convicted embezzler, and adopted New Yorker William Sidney Porter—better known as O. Henry—was one of the world's great storytellers. A master of cunning plots and a gifted humorist, he is best known today for his beloved tale "The Gift of the Magi." But O. Henry's palette of moods and methods was as expansive as his exuberant imagination. This Library of America volume offers a fresh look at the full range of his literary genius. Here are 101 stories, including such favorites as "The Ransom of Red Chief," "The Last of the Troubadours," and "The Cop and the Anthem," alongside lesser-known and previously uncollected stories, including three early tales published here for the first time. With full annotation and a newly researched chronology of Porter's life and career, this is a definitive edition for modern readers of a major American writer.

front porch family medicine: Sixes and Sevens O. Henry, 2025-04-22 Sixes and Sevens is a delightful short story by renowned American author O. Henry, known for his witty narratives and surprise endings. Published in 1911, this story showcases O. Henry's trademark blend of humor, irony, and keen observation of everyday life in New York City. The narrative centers around a serendipitous encounter between two characters, whose lives intertwine in unexpected ways. The plot follows the experiences of a man navigating the bustling urban landscape, caught between various social classes and lifestyles. As he ends up in a situation marked by confusion and comedic misadventures, O. Henry skillfully portrays the quirks of human behavior and the chance encounters that shape our lives. The story explores themes of fate, coincidence, and the unpredictability of modern life, all with a light-hearted tone. Ultimately, Sixes and Sevens highlights O. Henry's ability to depict ordinary people and their extraordinary moments. The story builds towards a clever twist that reveals deeper truths about love, chance, and the nature of connections in an ever-changing urban environment. With its engaging characters and humorous plot twists, this tale remains a beloved example of O. Henry's genius in short storytelling, inviting readers to appreciate the delight in life's unexpected turns.

front porch family medicine: Something Good Ashley Ostler, 2024-09-30 Life is messy. Life is hard. Life can still be beautiful. While writing Something Good, I was able to reflect on the days when I spent a lot of time praying to have God remove me from my trials. Now I am grateful for those challenges that have helped me better come to know God. I would love to share my experiences with you. Something Good is a collection of stories that address some of the hardships that I have faced and how I began to heal after I allowed myself to feel once again. I wrote this book as an alternative to using substances to fix what felt broken inside of me. I struggle with addiction, mental illness, type 1 diabetes, and grief, among myriad other challenges that you and I might have in common. The details of my experiences might look differently than yours, and that is okay because the fact that we are all suffering to some degree sets us on common ground. I believe that

hardships are the ties that bind humanity and point our focus back toward God. I hope that you can find something good to encourage you while reading this book because you, my friend, are not alone in your trials. Much love, AO

front porch family medicine: The Tree of Life Susie Stone, 2018-04-07 Reading through my family archives, I found the following post, In her youth, John Crenshaw gave an army sergeant a five-dollar gold piece to release her to him. I was intrigued. I wanted to know what had happened to this coupleJohn Crenshaw and the Cherokee Indian maiden. What did this five-dollar gold piece play in the story as I read about their lives set in those before and after years of the Civil War? I became fascinated with the information that I could piece together to tell the story of two Cheyenne Indian women and their chosen lives through diversity, the Civil War, and their familymy ancestors. While I created some parts in fiction to embellish the story, the written actions of each resilient woman were true, bonded together with the telling of their lives. I was proud to write their stories of love and dedication, and I began to know them as actual women, creating my own tree of life. These two women were my great-grandmother and great-great-grandmother. I was intrigued to read of their lives and connected them to my own life. My father had always told me stories of his Indian grandmother, LeAnna Crenshaw Stone, and now I had actually found her story. Through the archives, I enabled her life to be told again. Go now to your dwellings to enter into the days of your life together (Elliot Arnold, 1947).

front porch family medicine: Desiree Part II Sherry Myrick, 2022-06-10 Desiree Part II: Desiree Is Going Home By: Sherry Myrick Desiree Browne Quinn has settled down in the life she has made with her husband, Doctor Jock Quinn. They share their home with five children. The Browne tobacco plantation has been under changes. Desiree is going home to assist her father and brothers for the family business. The events of change are interrupted by the visits of Brock Porter's mother. Even after his death, Brock Porter is still bringing threats to Desiree and her family. This novel will keep a reader interested of the days of retaliation from the Browne family against Brock Porter's threats.

front porch family medicine: Behavioral Medicine H. Russell Searight, 1999 Recent changes in medical practice have placed greater emphasis on primary health care. Some of the specialities these primary caregivers provide include family medicine, pediatrics, and internal medicine. In addition, primary care physicians treat the majority of patients with psychiatric problems and also attempt to address psychosocial issues accompanying medical illnesses. In order to have optimal impact in the changing health care system, mental health professionals will need to function in this context. Behavioral Medicine: A Primary Care Approach was written to assist mental health providers in addressing psychological disorders as they arise in a medical setting and sensitize all health care providers to the psychosocial aspects of many common illnesses. Most mental health professionals have little training for the unique challenges of primary care. In addition to efficient symptom-focused assessment and treatment, skills in consultation and collaboration with non-psychiatric physicians are critical common psychiatric disorders including depression, anxiety disorders, and dementia often co-exist with medical problems and are difficult to diagnose. Practicing in the primary care sector also raises unique cultural and ethical-legal concerns for mental health professionals. Behavioral Medicine: A Primary Care Approach provides a comprehensive description of these issues.

front porch family medicine: *Table of Contents* John McPhee, 2011-04-01 First published in book form 1985, Table of Contents is a collection of eight pieces written by John McPhee between 1981 and 1984. Geographically and thematically, they range from Alaska to New Jersey, describing, for example, the arrival of telephones in a small village near the Arctic Circle and the arrival of wild bears in considerable numbers in New Jersey, swarming in from the Poconos in search of a better life. The essays in this collection, which The New York Times called pretty close to flawless, offer an excellent introduction to the work of one of our finest writers.

front porch family medicine: *Parker Comanche Chief* Rosemary K. Kissinger, 1999-01-31 A fictionalized biography of the great Indigenous leader and activist who was the son of a Comanche

chief and a white settler. In May 1836, a large war party of Comanche Indians attacked a small fort in Texas, abducting blond, blue-eyed Cynthia Ann Parker, who was nine years old at the time. Adopted into the tribe, for more than twenty years Cynthia Ann, renamed Naudah by her captors, lived the life of a Comanche. She eventually married and gave birth to a son. This son, named Quanah for the flower-filled valley of his birth, was destined to become one of the greatest Comanche chiefs ever to have lived. As the call for expansion reached its height during the nineteenth century and America rapidly began moving westward, the American Indians became threatened as their food supply, the huge buffalo herds that roamed the plains, was slaughtered almost to extinction. As a chief, Quanah watched as other tribes were forced to take refuge on reservations set up by the United States government, and he vowed to his people that they would never leave their land without a fight. Eventually, however, Quanah's tribe succumbed to the overwhelming new hardships of existence on the plains, and Quanah, the last Indian chief to surrender, brought his people to the reservation . . . This is the story of the legendary Quanah Parker—part white, but thoroughly Comanche. Brave warrior, respected leader, and dedicated lobbyist in the fight for Indian rights, he remained a liaison between his people and the white man while acting to preserve the Comanche heritage on the reservation.

front porch family medicine: Color Atlas of Family Medicine 2/E Richard Usatine, Mindy Ann Smith, Jr. E.J. Mayeaux, Heidi Chumley, 2013-04-23 MORE THAN 2,000 FULL-COLOR PHOTOGRAPHS HELP YOU VISUALLY DIAGNOSE CONDITIONS AND DISEASES ENCOUNTERED IN CLINICAL PRACTICE The Color Atlas of Family Medicine, Second Edition is a comprehensive atlas designed to facilitate diagnosis using outwardly appearing signs and manifestations. The superb collection of clinical images is supported by concise, evidence-based treatment recommendations presented in convenient, easy-to-apply bulleted text. Each chapter begins with a story that ties the photographs to real-life patients. Coverage for each condition includes: Patient Story, Epidemiology, Etiology and Pathophysiology, Diagnosis, Differential Diagnosis, and Management. Features: Organized by anatomic and physiologic systems Includes pediatric and adult conditions Insightful legends with each photograph provide diagnostic pearls to enhance your clinical observational skills Indexed by topic, region, and morphology Special sections on women's health, physical/sexual abuse, and substance abuse NEW chapters on important topics such as: Diabetes Hypertension Headache Osteoporosis Alcoholism Tobacco addiction Global health Essential to family physicians and all healthcare providers involved in primary care, The Color Atlas of Family Medicine, Second Edition will also prove valuable to medical students, residents, internists, pediatricians, and dermatologists.

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