

big little feelings potty training reddit

big little feelings potty training reddit is a phrase that captures the essence of a popular topic among parents and caregivers on Reddit forums. This phrase not only refers to the challenges and emotions involved in potty training toddlers but also highlights the valuable community support found on Reddit. Potty training is a significant developmental milestone for children, often accompanied by big emotions for both the child and the parent. On Reddit, users share personal experiences, advice, and strategies, making it a rich source of insights for new and experienced parents alike. This article explores the role of the Big Little Feelings approach in potty training discussions on Reddit, common challenges faced, practical tips, and the emotional dynamics involved. It also delves into the benefits of online communities in supporting parents through this journey.

- Understanding the Big Little Feelings Approach in Potty Training
- Common Potty Training Challenges Discussed on Reddit
- Effective Potty Training Strategies Shared by Reddit Users
- Emotional Support and Community Engagement on Reddit
- Practical Tips for Managing Big Emotions During Potty Training

Understanding the Big Little Feelings Approach in Potty Training

The Big Little Feelings approach emphasizes recognizing and validating children's emotions during various developmental stages, including potty training. This concept is frequently discussed on Reddit, where parents highlight how acknowledging a child's feelings can ease the potty training process. When children experience frustration, anxiety, or pride related to potty training, caregivers who respond empathetically tend to achieve better outcomes. The approach encourages adults to pay attention to seemingly small emotional cues that may have a significant impact on a child's willingness and confidence to use the potty.

Emotional Awareness in Toddlers

Emotional awareness is crucial during potty training because toddlers are often unable to fully express their feelings verbally. Reddit discussions reveal that recognizing signs of discomfort, hesitation, or excitement can help caregivers provide appropriate reassurance. This awareness reduces resistance and fosters a positive association with potty training activities.

Validation Techniques

On Reddit, many parents share validation techniques such as using calm tones, affirming phrases, and gentle encouragement. These methods help toddlers feel understood and supported, which in turn decreases behavioral challenges and accelerates learning. The Big Little Feelings philosophy promotes patience and kindness as key components of successful potty training.

Common Potty Training Challenges Discussed on Reddit

Reddit forums serve as a platform where parents can openly discuss a variety of issues encountered during potty training. These challenges range from physical readiness and regression to emotional resistance and accidents. Understanding these common obstacles helps caregivers prepare realistic expectations and develop effective solutions.

Resistance and Refusal

One of the most frequently mentioned challenges is a child's refusal to use the potty. Reddit users often describe episodes where toddlers exhibit stubbornness or fear, which can stem from unfamiliarity, discomfort, or anxiety. Addressing these feelings with empathy is vital for overcoming resistance.

Regression During Stressful Periods

Potty training regression is another common topic on Reddit. Parents report setbacks during times of transition, such as moving homes or the arrival of a new sibling. The Big Little Feelings approach encourages understanding the emotional triggers behind regression and responding with reassurance rather than frustration.

Accidents and Mess Management

Accidents are an inevitable part of potty training, often leading to parental frustration. Reddit conversations include practical advice for managing messes calmly and effectively, emphasizing that accidents are learning opportunities rather than failures.

Effective Potty Training Strategies Shared by Reddit Users

Reddit provides a wealth of practical strategies that parents have found effective in potty training their children. These user-generated tips often incorporate elements of consistency, positive reinforcement, and emotional support aligned with the Big Little Feelings approach.

Consistent Routine and Timing

Establishing a consistent potty schedule is commonly recommended. Reddit users note that regular timing helps children anticipate potty breaks and develop bladder control. This structure reduces anxiety and increases success rates.

Positive Reinforcement and Rewards

Many Reddit parents advocate for the use of praise and small rewards to motivate toddlers. Celebrating successes, no matter how minor, fosters confidence and encourages continued effort. These rewards can be verbal affirmations, stickers, or extra playtime.

Using Books and Educational Tools

Educational resources such as children's books about potty training are frequently mentioned on Reddit. These tools familiarize toddlers with the process in a fun and relatable way, reducing fear and promoting understanding.

Emotional Support and Community Engagement on Reddit

Reddit's parenting communities offer emotional support that complements practical advice for potty training. The shared experiences and empathetic responses help parents feel less isolated and more empowered.

Sharing Success Stories and Challenges

Users often post about their victories and struggles, creating a supportive environment where members can celebrate progress or seek comfort during setbacks. This collective sharing normalizes the ups and downs of potty training.

Expert Advice and Peer Recommendations

Many Reddit threads include input from pediatricians, child psychologists, and experienced parents. This blend of expert knowledge and personal experience enriches discussions and provides well-rounded guidance.

Encouragement for Maintaining Patience

Patience is a recurring theme in Reddit conversations. Community members frequently remind each other to stay calm and persistent, reinforcing the Big Little Feelings principle of emotional validation throughout the potty training process.

Practical Tips for Managing Big Emotions During Potty Training

Managing the emotional landscape of potty training is essential for success. Reddit discussions offer actionable tips to help both parents and children navigate big feelings in a constructive manner.

1. **Recognize Triggers:** Identify situations that provoke anxiety or frustration in the child to proactively address them.
2. **Use Calm Communication:** Speak in soothing tones and avoid punitive language to reduce stress.
3. **Encourage Expression:** Allow toddlers to express their feelings through words or gestures and acknowledge their emotions.
4. **Create a Supportive Environment:** Make the potty area inviting and free from distractions or pressure.
5. **Celebrate Small Wins:** Reinforce positive behavior with enthusiastic praise to build confidence.
6. **Maintain Consistency:** Ensure routine and expectations remain steady to provide security.
7. **Seek Community Support:** Engage with online groups like Reddit to share experiences and gain encouragement.

Frequently Asked Questions

What is 'Big Little Feelings' and how does it relate to potty training?

'Big Little Feelings' is a children's book series that helps kids understand and express their emotions. It relates to potty training by addressing the feelings children may experience during the process, such as frustration or pride, helping parents support their kids emotionally.

Are there any Reddit communities discussing 'Big Little Feelings' in the context of potty training?

Yes, subreddits like r/PottyTraining and r/Parenting often have discussions where parents share experiences and resources, including books like 'Big Little Feelings' to help their children through potty training.

How can 'Big Little Feelings' help with potty training challenges according to Reddit users?

Reddit users mention that 'Big Little Feelings' helps children identify and communicate their emotions, which can reduce potty training resistance and anxiety, making the process smoother for both kids and parents.

What are some tips from Reddit for using 'Big Little Feelings' during potty training?

Tips include reading the book together daily to normalize feelings, discussing emotions openly, using the book's language to validate the child's struggles, and combining it with positive reinforcement during potty training.

Do Reddit parents recommend 'Big Little Feelings' for potty training setbacks?

Many Reddit parents recommend 'Big Little Feelings' as a helpful tool to address setbacks, as it teaches kids to understand and manage feelings like disappointment or embarrassment, common during potty training mishaps.

Can 'Big Little Feelings' be used alongside other potty training methods recommended on Reddit?

Yes, Redditors often combine 'Big Little Feelings' with methods like reward charts, consistent routines, and gentle encouragement to support both the emotional and practical sides of potty training.

What age group on Reddit is 'Big Little Feelings' best suited for in potty training?

Reddit discussions suggest 'Big Little Feelings' is best suited for toddlers aged 2 to 4 years, as this is typically when children start potty training and can benefit from emotional guidance.

Has anyone on Reddit shared success stories using 'Big Little Feelings' to aid potty training?

Yes, several parents on Reddit have shared positive experiences, stating that incorporating 'Big Little Feelings' helped their children feel understood and less frustrated, leading to quicker potty training success.

Are there any criticisms on Reddit about using 'Big Little Feelings' for potty training?

Some Reddit users feel that while 'Big Little Feelings' is great for emotional education, it should be supplemented with practical potty training strategies, as the book alone may not address all training challenges.

Where can I find 'Big Little Feelings' and related potty training discussions on Reddit?

You can find the book on major retailers like Amazon or local bookstores. For discussions, visit subreddits such as r/PottyTraining, r/Parenting, or search for 'Big Little Feelings potty training' within Reddit to see user experiences and advice.

Additional Resources

1. *Big Little Feelings: Navigating Emotions During Potty Training*

This book explores the emotional journey both toddlers and parents experience during potty training. It offers practical advice on recognizing and validating a child's big feelings while tackling the challenges of this developmental milestone. The author combines psychological insights with real-life anecdotes to support families through this transition.

2. *Potty Training and Emotional Growth: Insights from Reddit Communities*

Drawing on discussions from popular Reddit parenting forums, this book compiles shared experiences and tips for managing the emotional ups and downs of potty training. It highlights common struggles and successful strategies, emphasizing the importance of patience and empathy. The book is a valuable resource for parents seeking community-tested advice.

3. *Understanding Big Feelings: A Toddler's Guide to Potty Training*

Written for parents and caregivers, this guide delves into the strong emotions toddlers face during potty training. It explains why children may feel frustrated, scared, or proud and offers methods to support emotional regulation. The book stresses the connection between emotional well-being and successful potty training outcomes.

4. *From Diapers to Big Kid Pants: Emotional Support Strategies for Potty Training*

This title focuses on creating a supportive environment that acknowledges children's feelings throughout potty training. It provides step-by-step approaches to ease anxiety and build confidence, blending expert advice with parent testimonials. Readers will find encouragement to foster resilience and self-esteem in their little ones.

5. *Reddit Parenting Hacks: Potty Training Edition*

A compilation of the best potty training tips and emotional support techniques shared by parents on Reddit. This book offers a community-driven perspective on overcoming common potty training hurdles. It also highlights the importance of addressing both physical milestones and emotional readiness.

6. *Big Little Feelings Workbook for Potty Training Toddlers*

This interactive workbook includes activities designed to help toddlers express and manage their feelings during potty training. It combines coloring pages, emotion charts, and simple exercises to make the process engaging and less intimidating. Parents are guided on how to use the workbook to reinforce positive behaviors.

7. *Potty Training Patience: Managing Your Child's Emotions*

Focused on helping parents develop patience and understanding, this book addresses the emotional rollercoaster of potty training. It provides calming techniques, communication tips, and motivational strategies to handle setbacks compassionately. The book encourages viewing potty training as an

emotional growth opportunity for the whole family.

8. *The Emotional Side of Potty Training: Stories from Reddit Parents*

Featuring real stories from Reddit users, this book shares heartfelt experiences dealing with potty training challenges and triumphs. It highlights the emotional complexities involved and offers solidarity to parents feeling overwhelmed. Readers gain perspective on the diverse ways families navigate this important stage.

9. *Big Little Feelings: Embracing Toddler Emotions During Potty Training*

This book emphasizes the importance of embracing and validating toddlers' emotions to foster a positive potty training experience. It offers strategies to help children cope with fears and frustrations while celebrating their progress. The author advocates for a gentle, empathetic approach that respects the child's emotional development.

Big Little Feelings Potty Training Reddit

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big little feelings potty training reddit: *Toddler Potty Training* Marie C. Foster, 2018-04-27
Learn Potty Training for your Child in 2 Days Or Less! Here's an Effective Way How to Potty Train your Child over the Weekend: Find out the best way to potty train your toddler today to help yourself save money, boost your child's confidence, and get the child using the toilet sooner. - Have you wanted to potty train your child but lacked the time to do it? - Have you always wanted to learn information on potty training such as - - what to do when your toddler refuses or won't do potty training - what age or about when is a toddler reading for potty training - how to help your toddler potty train - without the stress ? If you answered Yes to any of the questions above, then this book *Toddler Potty Training: Incredibly Simple 2-Day Potty Training that Works* is for you. In this book, you're about to discover the truth about toilet training and learn why many parents in the western world are 'behind the times' when it comes to the age that they potty train their toddler. ☐☐ Here is What You Will Learn: ☐☐ - How the 2-day potty training boot camp works and how it makes it easier for working or busy parents - Detailed specifics of the 2-day method - and why it is one of the most effective ways to toilet train your child - How to come up with a plan for your toddler, including what to buy for toilet training, choosing a reward, preparing them for the big weekend - Potty Training Tips for Boys - Potty Training Tips for Girls ... and many more! ☐☐ Added Benefits of owning this book: ☐☐ - You'll learn how to teach your child to be completely diaper-free, even on long car rides and at nighttime - Finding out the valuable reasons why you should potty train earlier, including why it is more effective in most cases ☐☐ PLUS: Bonus Section Included Helpful Tips for Dads - techniques that they may want to use for toilet training ☐☐ By implementing the lessons in this book, your little one will be a potty-trained warrior in no time. This means less money spent on diapers for you, as well as increased confidence in your child. As an added benefit, you will no longer have to worry if daycare or their babysitter is changing them often enough because they will go to the potty on their own. Don't wait any longer! Scroll up and click the Buy Now button to begin your goal of applying effective toddler potty training for your child for time-saving and stress-free results.

big little feelings potty training reddit: *Oh Crap! Potty Training* Jamie Glowacki, 2015-06-16

From potty-training expert and social worker Jamie Glowacki, who's already helped over half a million families successfully toilet train their preschoolers, comes a newly revised and updated guide that's "straight-up, parent-tested, and funny to boot" (Amber Dusick, author of *Parenting: Illustrated with Crappy Pictures*). Worried about potty training? Let Jamie Glowacki, potty-training expert, show you how it's done. Her six-step, proven process to get your toddler out of diapers and onto the toilet has already worked for tens of thousands of kids and their parents. Here's the good news: your child is probably ready to be potty trained EARLIER than you think (ideally, between 20-30 months), and it can be done FASTER than you expect (most kids get the basics in a few days—but Jamie's got you covered even if it takes a little longer). If you've ever said to yourself: -How do I know if my kid is ready? -Why won't my child poop in the potty? -How do I avoid "potty power struggles"? -How can I get their daycare provider on board? -My kid was doing so well—why is he regressing? -And what about nighttime?! Oh Crap! Potty Training can solve all of these (and other) common issues. This isn't theory, you're not bribing with candy, and there are no gimmicks. This is real-world, from-the-trenches potty training information—all the questions and all the answers you need to do it once and be done with diapers for good.

big little feelings potty training reddit: [Ready to Grow Up Everything You Need to Know About Potty Training](#) Nancy Foster, 2019-12-11 If you wish to avoid frequent accidents and ease the learning process, this book is undoubtedly the one for you. With just a little bit of reading and simple exercises to improve your own confidence, you can greatly improve the experience of your child. This book is a comprehensive guide to potty-training. Whether you are a first-time parent or have other kids, you will need to remind yourself that calm is necessary. This is where ready to grow up will provide you with all the guidance you need. This book seeks to provide the reader with ample research-based information on means of carrying out potty training, what to expect from the potty-training process, and how to deal with probable challenges. You can expect a variety of tips that will facilitate convincing your child to sit on a potty, teaching them necessary hygienic routines and waking up in the middle of the night to use the toilet. You will read about methods of empathizing with your child's feelings at all stages of potty training. You can also expect to learn crucial information about the possible effects of potty-training errors on children. The preventive methods described in this book allow even anxious parents to transform into confident child development gurus. After all, your child is likely to benefit from your own well-being during this stage. They are most sensitive to all emotional outbursts during transition periods; Therefore, you will have to keep them feeling loved and protected throughout. Your children effectively soak up your emotions, particularly at stressful stages in their lives. You can expect detailed guidance on how to manage your emotions from this book, as well as affirmative messaging to remind yourself of your own achievements as a parent. Successful potty-training is not about employing a handful of tricks. It isn't about discipline and firmness either. Rather, it is about knowing how to predict your child's emotions during each stage of the potty-training experience. You will need to know how to place yourself in their tiny little shoes and accept their challenges. This, naturally, may not feel easy. This is why you may derive great use from this book. Inside you will find: Why potty-training is necessary and how to get your child to become interested in using a potty The best time to start potty-training and how to know if your child is ready for it Step by step guide and various methods you can use to motivate your child to use the potty How to prepare yourself and your toddler and how to use planning and scheduling in your advantage How is potty-training closely connected to your child psyche and how can bad training leave some consequences How to cope with the worst potty-training problems, understanding the differences between day-time accidents and wetting the bed, nighttime training and finally ditching the dippers You will find that the more knowledge you have on the potty-training experience, the more control you will have over your child's learning. Forget the excessive tantrums and tears! With just one crucial attitude change, you can ensure your child navigates through all essential potty training stages smoothly. Ready to Grow Up combines psychological insight and experience-based parental guidance. All the tips listed below have been tried and tested and deemed by either a professional or a parent to have been highly effective. This

read is the bridge you have been needing to Zen, effortless early-stage parenting. It will save you from the chaos of an overwhelmed, anxious child, and constant bed-wetting. So, scroll up and click the buy button. Buckle up, read on, and good luck!

big little feelings potty training reddit: [Easy Peasy Potty Training](#) Julie Schooler, 2021-01-12
Everything you need to potty train your toddler AND nothing you don't. · Do you want your child to be toilet trained quickly and easily but have no clue where to start and are worried that it could all go wrong? · Or have you started potty training your toddler and it's all turned to custard so you desperately need some solutions? This book is a simple to follow, step-by-step process to toilet train your child. It answers your burning questions, busts myths and misconceptions and tells you what to do if there are mishaps, problems or hiccups. All the tools and techniques you will need for toilet training your toddler are right here. The thought of potty training stresses most parents out. It's a topic that: · you may know very little about, and · what you do know sounds difficult, messy and full of conflicting messages The concept for this book came about when I started potty training my son. I read a lot of books and articles, searched all over the Internet and even took a course on potty training. But, surprisingly, I could not find one, relatively short, clear, gimmick-free guide to potty training. This is the book I wish I had when I was potty training my child. In the course of writing this book, I surveyed dozens of other parents who have toilet trained their children. You not only get to avoid all the mistakes we have made, but will have answers on hand for any issues that arise. Follow the short, chunked down chapters in [Easy Peasy Potty Training](#) to: · help you make decisions such as whether to start on a potty or the toilet · get a comprehensive shopping list for all your potty training needs · give you lots of tips on preparation tasks to make toilet training go smoothly · provide a simple three stage approach to potty training · find out what actions to take when accidents happen · have the best transition to no diapers at nighttime · prepare for childcare and leaving the house · get solutions to common potty training problems Read this book and you won't need to spend hours searching for information all over the Internet. You will have a clear direction and won't be confused by conflicting advice. This book has everything you need to know about toilet training and nothing you don't. It will save you time, money and your sanity during this challenging stage. One book. Potty training. Done. What's stopping you from getting the best way to toilet train your toddler today? Buy this book and you WILL potty train your child - with less stress and less mess.

big little feelings potty training reddit: [Let's Go to the Potty!](#) Allison Jandu, 2020-10-27
Get toddlers ready for preschool with an illustrated story that helps them use the potty with confidence! Provide your toddler with the gentle support and encouragement they need during potty training. [Let's Go to the Potty](#) is an engaging, story-driven guide for toddlers who are ready to break free from diapers. Playful pictures help them understand what potty training will look and feel like, and a short, rhyming potty song teaches them how to talk to you about their potty needs. Made for toddlers—Get toddlers involved in the potty-training process with easy-to-understand, kid-friendly language and illustrations. On-the-job potty training—Your little one can enjoy this book while on the potty, helping them develop positive feelings about the potty and reinforce their learning. Support for all toddlers—This inclusive, gender-neutral approach to toddler potty books makes it easy for any toddler to see themselves in the story. Watch diapers fall by the wayside thanks to one of the best potty-training books for toddlers.

big little feelings potty training reddit: [Potty Training Magic](#) Amanda Jenner, 2019-04-04
The easy, effective and playful way to potty train - fast! Potty training is a major and exciting milestone for toddlers yet something all parents universally dread - and put off! Amanda Jenner, ITV's Toilet Training expert with decades of experience, is here to help you think differently and approach this challenge with confidence - and even with a little bit of magic. Amanda's hugely successful five day plan, with no need to take time off work or wait until the holidays, will help you to: *know when your toddler is ready and how best to prepare *see the world through your toddler's eyes - and be their best coach *overcome setbacks including regression and constipation *use the most effective language and harness creative play to make it all fun! Covering every conceivable

problem, and suitable for children with learning difficulties, with Amanda's super easy playful plan there's no excuse not to get started. 'After hearing about Amanda and her wonderful skills with toddlers, I called upon her for my youngest child, and I was absolutely amazed of the difference she made within a few days. Every home should have an Amanda.' - Charlotte Tilbury

big little feelings potty training reddit: Undies, Please! Sumana Seeboruth, 2022-02-07
"Empowering and entertaining for those learning to 'go'" - Kirkus Reviews
Motivated by brand-new undies and Daddy's encouragement, a determined toddler embarks on the potty training journey. With relatable challenges and big triumphs, this adorable story helps little ones feel excited and supported as they reach this important milestone. Introduces the basics of potty training in an engaging, toddler-friendly way Promotes confidence and pride in moments of progress Part of the Feelings & Firsts series, designed to help little ones through big early childhood moments

big little feelings potty training reddit: I'm A Big Kid. I Can Go Potty! Suzanne T Christian, Two Little Ravens, 2024-03-13
I'm A Big Kid. I Can Go Potty! for 2-4 yrs makes potty training a celebration with affirmations and stories. It builds confidence and independence. A must-have for parents. Order now!

big little feelings potty training reddit: Potty Training In One Week Gina Ford, 2012-03-31
Many parents experience a long and bumpy ride along the road to a nappy-free existence. Advice on offer from grandparents, friends and professionals is often conflicting, leaving parents unsure of how and when to potty train their child. In Potty Training in One Week, bestselling author Gina Ford sets out a simple, easy-to-follow programme that works quickly and avoids many of the common pitfalls parents encounter. This clearly organised book makes potty training easy, and even fun. Including updated information on: - How to know when your child is really ready - How to make potty training fun for your child - How to reward - How to deal with accidents - What to do when you go out - What to do at sleep times

big little feelings potty training reddit: Toddler Potty Training Angela Gilmore, 2021-03-18
Toddler Potty Training - A Complete Guide for Positive Mothers and Fathers to Ditch Diaper Fast and Stress-Free, Avoiding Any Disorders You know your baby is ready to ditch the diaper and start using the potty. Patience and respect for your toddler's timing are the keywords to help him in this delicate phase of transition and growth. Many parents wait and live anxiously for this moment, in reality, if done at the right time when the child is ready, and in the form of a game, everything can happen quickly, having fun and with few accidents! Going through this complete guide, you will learn how to teach toddlers to use the potty in the smoothest, funniest, and teaching way possible for both parents and child. In this book, you will: Learn Cognitive and Verbal Skills Needed for Potty and Toilet Training to help your toddler learn to coordinate an equally complex combination of physical and cognitive tasks during his toilet-training process. Know about Emotional Issues and Bathroom Problems in Toddlers; Peeing and pooping outside a snug diaper can trigger some big emotions for toddlers. You can help them identify the problem and sympathizing with their feelings. Discover the Right Age to Potty Train Toddlers to make it gradually and without pressure, with patience and respect for the child's timing. Potty Training Tips for Boys and Girls. There are some gender factors to consider when it comes to when to begin toilet training. Discover inside what they are. Strategies to Potty-Train Children with Special Needs to help you deal with this further problem without stress and tantrums. ... & Lot More! Leaving a diaper is an important step in your baby's life as walking or learning to talk, and just like these other skills, it's not something to learn overnight. You need clear and useful information to make it a fun and smooth moment in your family life; this guide is all you need to achieve your goal stress-free and quickly! Order Your Copy Now, Do It Once and Do It Right!

big little feelings potty training reddit: The Wee Hours Allison Jandu, Your child is well on her way to being completely potty trained! Hooray! Except one thing...he still wakes up with a wet diaper. Unfortunately, this can be a struggle for many parents, and now there is finally a resource to address this issue specifically without having to read an entire novel about potty training. Full of expert tips and tricks, The Wee Hours is a concise, easy-to-read guide that outlines everything you

need to know about nighttime potty training, including a step-by-step method to ditch those nighttime diapers for good.

big little feelings potty training reddit: Toilet Training For Toddlers Honey Kain, 2021-07-13 Are you struggling to potty train your toddler and don't know where to turn? Potty training a toddler is a difficult yet necessary task that every parent has to do. This stage is a big step in a toddler's mental development. Some children don't handle change well so the step from a diaper to the potty can be bigger than some parents first realize. No matter what challenge you are facing in getting your child ready to potty train this book has the answer. In this book, you will discover: - Why won't my baby poop when sitting on the potty? - How will I know if my baby is ready to be potty trained? - How do I encourage and make my baby sit and embrace this new experience? - How do I train my baby with the toilet timing? - Why is my baby continually spilling the contents of the potty? - Understand the psyche of your child and having an inkling as to if your child is ready to be potty trained - How to handle your emotions when the potty tips over And so much more! To get started, simply scroll to the top of the page and click the Buy now with 1-Click button!

big little feelings potty training reddit: The Complete Guide to Potty Training Theo Williams, 2020-10-02 Potty training might seem like a daunting task, but if your child is truly ready, there's not much to worry about. Life goes on and one day your child will just do it. Nevertheless, most parents still have plenty of questions about ditching the diapers. One of the biggest: When should you start potty training your toddler. The answer actually varies for every child. When you have a baby, you're knee-deep in diapers. They're tucked into your bag. Stacked near the crib. Stored in boxes under beds. You might even have a few stashed in the glove compartment of your car, just in case. Diapers are part of your life, day in, day out, for so long that it's hard to imagine not needing them anymore. It seems like the day when your child will walk into the bathroom, pee or poop, wipe, wash hands, and walk back out without you even knowing it is a long way off. And yet, that day is coming. And it'll be as glorious as it has been in your dreams. Between now and then, there's a big project: potty training, or to use the grown-up term, toilet training. You may be ready to make the transition, but is your little one. Using a potty is a new skill for your child to learn. It's best to take it slowly and go at your child's pace. Being patient with them will help them get it right, even if you sometimes feel frustrated. Children are able to control their bladder and bowels when they're physically ready and when they want to be dry and clean. Every child is different, so it's best not to compare your child with others. Your readiness is important, too. Let your child's motivation, instead of your eagerness, lead the process. Try not to equate potty training success or difficulty with your child's intelligence or stubbornness. Also, keep in mind that accidents are inevitable and punishment has no role in the process. Plan toilet training for when you or a caregiver can devote the time and energy to be consistent on a daily basis for a few months. Does age at initiation matter? It might. A prospective study of 8000 children found that kids who started training (of any kind) after 24 months were at higher risk for experiencing slow progress and setbacks. Perhaps children who start later are more likely to resist change. But hold age constant, and your choice of toilet training methods might not matter. When a retrospective study compared child-led training and gradual, parent-led training, researchers found no differences with respect to long-term outcomes in dysfunctional voiding.

big little feelings potty training reddit: I'm the Potty Master Liz Fletcher, 2020-01-27 Louie loves being a superhero but his dirty diaper is slowing him down! Maybe it's time to make a change and become....The Potty Master! Louie is an elephant hero that has become tired of having to pause his superhero activities to have his diaper changed. Then one day he wonders what it would be like to wear BIG KID undies. Perhaps, Louie could blast off like a rocket and save the day a lot faster. Without a dirty diaper, He'd be the Potty Master! A Note from the publisher: Give Your Child the Courage That He or She Needs to Quickly Conquer New Milestones without Stress or Overwhelm. The toddler years can be the most amazing, yet challenging times. On one hand, it's hard to believe that your little one is growing up before your eyes (and it's the most incredible joy to be part of) but on the other hand, with growing up comes change and new milestones. These transitions

can often be daunting for both the child and the parent. We created the character, Louie, with your child in mind. It's our goal that your child will instantly relate with Louie's adventurous spirit, independence and fun-loving nature. He or she will giggle through this sweet, rhythmic story but also learn that change can be overcome by a little courage and that the outcome can actually lead to even more fun and adventure! Louie's Little Lessons sole focus is to ignite curiosity and motivation when it comes to facing change (then, the technicalities can be taught whichever way you chose), however, the first and most challenging step is establishing the correct mindset. We hope to help your child find his/her desire to embrace change and courage for years to come!

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big little feelings potty training reddit: The Little Potty Training Book Valley Ridge Press, Olivia Michael, 2014-10-30 'THE LITTLE POTTY TRAINING BOOK' HOW TO Potty Train Your Child - STRESS FREE In 1-3 DAYS! x 2014 © From Amazon #1 Best Selling Author Olivia Michael The average age that western children are potty trained is NOW HIGHER than at any time in HISTORY, 36 months for POTTY TRAINING GIRLS, 38 months for POTTY TRAINING BOYS. Author Olivia Michael will give you her simple methods to develop your child's NATURAL ability to potty train earlier. It's all HERE in her LATEST BOOK, 'POTTY TRAINING' HOW TO Potty Train Your Child - STRESS FREE In 1-3 DAYS! Using Simple no cost strategies.Olivia's son is autistic; he was diagnosed at the age of two. The initial diagnosis of autism, grieving and coming to terms with the reality was somewhat a difficult time and steep learning curve as a parent.She has NOT let this stop her in pursuit for her sons amazing development. She struggled, and tried every method known to woman (and man), on potty training.NOW SCROLL UP AND CLICK BUY TO RECEIVE YOUR POTTY TRAINING GUIDE NOW!

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big little feelings potty training reddit: Potty Training Rebeca Gentle, 2020-10-05 Are you looking not only for simple tips and tricks to make your child feel comfortable on the potty, but also for a detailed, easy to follow and clear plan to have toddler potty trained in a while, with no more dirty diapers at all? If your answer is yes, then keep reading... Potty training your child or toddler can be an intimidating situation, but it shouldn't be that way. It's natural to second-guess yourself and all the efforts you put into helping out your child. Potty training is critical as it protects babies against diseases such as urinary tract infections and diaper rash. Friends with children of the same age of yours, nursery's teachers and even your own parents feel the need to teach you the best way to approach the problem and you are already tired even before starting. Scared of what could potty training cause when you turn back home after a really bad day at work? Feared by the possibility to force your child to use the potty when you think they should use it? This probably is only going to slow down the entire process. Not to speak about this risk of making them definitely scared of the potty... If this picture sounds familiar to you, this book is exactly what you need. The good thing is that you are definitely not alone in this. While there is a myriad of tips in this book to guide you, potty training isn't a one-size-fits-all kind of thing. It all boils down to the unique little individual that you are trying to potty train. You can't deny that allure of being able to get your little one out of all

of those diapers in only three days. When done correctly, it does work and the benefits are high. If you use disposable diapers, then you are going to save a bunch of money and help the landfill. If you chose to use cloth diapers, you aren't going to have to be doing as much laundry. Plus, you aren't going to have to wrestle your child anymore to change their diaper because, let's be honest, they have outgrown the changing table. This book will show you the best way to listen to your child, so that will perfectly understand the moment in which they are emotionally and physically ready to start. It also describes why the best way to approach potty training is to see it as an adventure to live with your child. Yep, that's right. This messy, confusing, and chaotic duty is a beautiful transition, rather than an inconvenience. As an adult, you will be the source of help and comfort. No matter how difficult it is for you to train them, just imagine how confusing and overwhelming it is for them. Freedom and independence are huge milestones, and all developmental milestones need your loving support. Getting your child on the right track for potty training success starts with YOU! The more you prepare, the better equipped you will be to help your little one quickly and easily succeed in your potty-training adventure together. Whether you are just starting to research how to begin, are ready to start tomorrow, or have been trying with little success, with this book you will learn: - How the three days and done mindset is going to simply set you up for failure - Which is one sure fire way to derail your chances of potty training them - To understand when your child is ready for potty training - The correct mental preparation - How to stay cool when accidents happen - Help you finding the right undergarments to potty train your child - And so much more... If you want to get the best potty training results without getting crazy and enjoy this new adventure with your child, then simply click the buy now button on this page to get started! ☐ Scroll up and click the buy now button!☐

big little feelings potty training reddit: Potty Time with Polly Jana West, 2023-10-13 Potty Time with Polly is the perfect companion for parents and caregivers embarking on the potty training journey with their little ones. Join Polly, a cheerful toddler, as she takes her first steps into the world of potty training in this heartwarming and engaging story. This book is designed to make the potty training process a joyful and exciting adventure for toddlers aged 2 to 4. Polly's experiences reflect the common challenges and triumphs that come with learning to use the potty. From touching the potty for the first time to those proud moments when she gets it just right, Polly's journey mirrors the emotions and experiences of every young child. With vibrant, kid-friendly illustrations and simple, easy-to-understand language, Potty Time with Polly helps children understand what a potty is and how to use it. The story not only supports children but also empowers parents and caregivers, offering a positive and fun perspective on a milestone that can sometimes feel challenging. As a parent of four children, author Jana West understands the ups and downs of potty training. With empathy and insight, she has crafted a story that celebrates the big and small victories along the way. This book isn't just about Polly; it's about your child, too, and the adventure you're about to embark on together. Prepare for laughter, encouragement, and shared triumphs as you and your child read Potty Time with Polly. It's the ideal book for families seeking to create a positive, stress-free, and successful potty training experience. Let Polly be your child's cheerful guide to this important milestone! This book is suitable for toddlers and preschoolers aged 2 to 4 and is an essential addition to any family's library. Order your copy of Potty Time with Polly today and start the journey to potty training success with a smile.

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