

BEAUMONT FAMILY MEDICINE STERLING HEIGHTS

BEAUMONT FAMILY MEDICINE STERLING HEIGHTS IS A TRUSTED HEALTHCARE PROVIDER DEDICATED TO DELIVERING COMPREHENSIVE PRIMARY CARE SERVICES TO INDIVIDUALS AND FAMILIES IN THE STERLING HEIGHTS COMMUNITY. THIS MEDICAL PRACTICE FOCUSES ON PREVENTIVE CARE, CHRONIC DISEASE MANAGEMENT, AND OVERALL WELLNESS TO ENSURE PATIENTS MAINTAIN OPTIMAL HEALTH THROUGHOUT THEIR LIVES. WITH A TEAM OF EXPERIENCED FAMILY MEDICINE PHYSICIANS AND HEALTHCARE PROFESSIONALS, BEAUMONT FAMILY MEDICINE OFFERS PERSONALIZED CARE TAILORED TO EACH PATIENT'S UNIQUE NEEDS. THE CLINIC IS EQUIPPED WITH MODERN FACILITIES AND UTILIZES ADVANCED MEDICAL TECHNOLOGIES TO PROVIDE ACCURATE DIAGNOSES AND EFFECTIVE TREATMENTS. PATIENTS BENEFIT FROM A HOLISTIC APPROACH THAT EMPHASIZES PATIENT EDUCATION, EARLY DETECTION, AND COORDINATED CARE. THIS ARTICLE WILL EXPLORE THE RANGE OF SERVICES AVAILABLE AT BEAUMONT FAMILY MEDICINE STERLING HEIGHTS, THE QUALIFICATIONS OF ITS MEDICAL TEAM, PATIENT EXPERIENCE, AND HOW TO ACCESS CARE AT THIS FACILITY.

- OVERVIEW OF BEAUMONT FAMILY MEDICINE STERLING HEIGHTS
- COMPREHENSIVE SERVICES OFFERED
- EXPERIENCED MEDICAL TEAM
- PATIENT EXPERIENCE AND CARE APPROACH
- ACCESSING CARE AND APPOINTMENT INFORMATION

OVERVIEW OF BEAUMONT FAMILY MEDICINE STERLING HEIGHTS

BEAUMONT FAMILY MEDICINE STERLING HEIGHTS SERVES AS A CORNERSTONE FOR PRIMARY HEALTHCARE IN THE LOCAL COMMUNITY. THIS PRACTICE SPECIALIZES IN FAMILY MEDICINE, WHICH MEANS IT PROVIDES CONTINUOUS AND COMPREHENSIVE HEALTH CARE FOR PEOPLE OF ALL AGES. THE FOCUS IS NOT ONLY ON TREATING ILLNESSES BUT ALSO ON PROMOTING HEALTH AND PREVENTING DISEASE THROUGH ROUTINE SCREENINGS, IMMUNIZATIONS, AND LIFESTYLE COUNSELING. THE CLINIC'S COMMITMENT TO HIGH STANDARDS OF CARE AND PATIENT SATISFACTION HAS MADE IT A PREFERRED CHOICE FOR FAMILIES SEEKING RELIABLE AND COMPASSIONATE MEDICAL SERVICES IN STERLING HEIGHTS.

LOCATION AND FACILITY

THE STERLING HEIGHTS LOCATION IS STRATEGICALLY SITUATED TO BE ACCESSIBLE TO RESIDENTS THROUGHOUT THE AREA. THE FACILITY IS DESIGNED TO OFFER A COMFORTABLE AND WELCOMING ENVIRONMENT, EQUIPPED WITH STATE-OF-THE-ART MEDICAL EQUIPMENT. THIS ALLOWS THE HEALTHCARE TEAM TO PERFORM THOROUGH EXAMINATIONS AND DELIVER EFFICIENT CARE. THE MODERN INFRASTRUCTURE SUPPORTS A WIDE SPECTRUM OF DIAGNOSTIC AND THERAPEUTIC SERVICES, ENSURING THAT PATIENTS RECEIVE TIMELY AND ACCURATE MEDICAL ATTENTION.

MISSION AND VALUES

THE MISSION AT BEAUMONT FAMILY MEDICINE STERLING HEIGHTS CENTERS ON IMPROVING THE HEALTH AND WELL-BEING OF INDIVIDUALS AND FAMILIES THROUGH COMPREHENSIVE, COMPASSIONATE, AND COORDINATED CARE. CORE VALUES INCLUDE RESPECT FOR PATIENT AUTONOMY, EVIDENCE-BASED MEDICINE, AND A COMMITMENT TO FOSTERING LONG-TERM RELATIONSHIPS WITH PATIENTS. THESE PRINCIPLES GUIDE EVERY ASPECT OF THE PRACTICE, FROM CLINICAL CARE TO ADMINISTRATIVE OPERATIONS, ENSURING THAT PATIENTS RECEIVE CONSISTENT AND TRUSTWORTHY HEALTHCARE SERVICES.

COMPREHENSIVE SERVICES OFFERED

BEAUMONT FAMILY MEDICINE STERLING HEIGHTS PROVIDES A WIDE RANGE OF MEDICAL SERVICES DESIGNED TO MEET THE DIVERSE NEEDS OF ITS PATIENT POPULATION. THE PRACTICE EMPHASIZES PREVENTIVE CARE AND CHRONIC DISEASE MANAGEMENT TO MAINTAIN AND IMPROVE PATIENT HEALTH OVER TIME. THESE SERVICES ARE DELIVERED IN A PATIENT-CENTERED MANNER, FOCUSING ON INDIVIDUALIZED CARE PLANS THAT ADDRESS SPECIFIC HEALTH CONCERNS.

PREVENTIVE CARE AND SCREENINGS

PREVENTIVE CARE IS A FUNDAMENTAL ASPECT OF FAMILY MEDICINE AT BEAUMONT. THE CLINIC OFFERS ROUTINE HEALTH SCREENINGS SUCH AS BLOOD PRESSURE MONITORING, CHOLESTEROL CHECKS, DIABETES TESTING, AND CANCER SCREENINGS INCLUDING MAMMOGRAMS AND COLONOSCOPIES. IMMUNIZATIONS FOR CHILDREN AND ADULTS ARE ALSO AVAILABLE TO PROTECT AGAINST COMMON INFECTIOUS DISEASES. THESE PREVENTIVE MEASURES HELP DETECT POTENTIAL HEALTH ISSUES EARLY AND REDUCE THE RISK OF SERIOUS COMPLICATIONS.

CHRONIC DISEASE MANAGEMENT

MANAGING CHRONIC CONDITIONS SUCH AS HYPERTENSION, DIABETES, ASTHMA, AND ARTHRITIS IS A CRITICAL SERVICE AT BEAUMONT FAMILY MEDICINE STERLING HEIGHTS. THE MEDICAL TEAM DEVELOPS PERSONALIZED CARE PLANS THAT INCLUDE MEDICATION MANAGEMENT, LIFESTYLE MODIFICATIONS, AND REGULAR FOLLOW-UP VISITS. THIS APPROACH HELPS PATIENTS CONTROL THEIR CONDITIONS EFFECTIVELY AND MAINTAIN A GOOD QUALITY OF LIFE.

ACUTE ILLNESS TREATMENT

THE CLINIC IS EQUIPPED TO DIAGNOSE AND TREAT A VARIETY OF ACUTE ILLNESSES, FROM COMMON COLDS AND FLU TO INFECTIONS AND MINOR INJURIES. PROMPT EVALUATION AND TREATMENT ARE PROVIDED TO ALLEVIATE SYMPTOMS AND PREVENT COMPLICATIONS. PATIENTS CAN EXPECT THOROUGH ASSESSMENTS AND EVIDENCE-BASED INTERVENTIONS AIMED AT RAPID RECOVERY.

WELLNESS AND LIFESTYLE COUNSELING

IN ADDITION TO MEDICAL TREATMENTS, BEAUMONT FAMILY MEDICINE STERLING HEIGHTS OFFERS COUNSELING ON NUTRITION, EXERCISE, WEIGHT MANAGEMENT, SMOKING CESSATION, AND STRESS REDUCTION. THESE SERVICES EMPOWER PATIENTS TO MAKE INFORMED DECISIONS THAT PROMOTE LONG-TERM WELLNESS AND PREVENT DISEASE.

LIST OF KEY SERVICES

- ROUTINE PHYSICAL EXAMS AND HEALTH SCREENINGS
- VACCINATIONS AND IMMUNIZATIONS
- MANAGEMENT OF CHRONIC DISEASES
- TREATMENT OF ACUTE ILLNESSES AND MINOR INJURIES
- HEALTH EDUCATION AND LIFESTYLE COUNSELING
- COORDINATION OF SPECIALIST REFERRALS WHEN NECESSARY

EXPERIENCED MEDICAL TEAM

THE STRENGTH OF BEAUMONT FAMILY MEDICINE STERLING HEIGHTS LIES IN ITS TEAM OF HIGHLY QUALIFIED HEALTHCARE PROFESSIONALS. THE PHYSICIANS AND STAFF POSSESS EXTENSIVE TRAINING IN FAMILY MEDICINE AND ARE DEDICATED TO PROVIDING PATIENT-CENTERED CARE. THEIR EXPERTISE COVERS A BROAD SPECTRUM OF MEDICAL ISSUES, ENABLING COMPREHENSIVE MANAGEMENT OF HEALTH CONCERNS ACROSS ALL AGE GROUPS.

PHYSICIANS AND SPECIALISTS

THE FAMILY MEDICINE PHYSICIANS AT BEAUMONT ARE BOARD-CERTIFIED AND BRING YEARS OF CLINICAL EXPERIENCE TO THE PRACTICE. THEY STAY CURRENT WITH THE LATEST DEVELOPMENTS IN MEDICAL RESEARCH AND TREATMENT PROTOCOLS TO ENSURE THAT PATIENTS RECEIVE THE MOST EFFECTIVE AND UP-TO-DATE CARE. IN ADDITION TO PHYSICIANS, THE TEAM INCLUDES NURSE PRACTITIONERS, PHYSICIAN ASSISTANTS, AND NURSING STAFF WHO COLLABORATE TO DELIVER SEAMLESS HEALTHCARE SERVICES.

MULTIDISCIPLINARY APPROACH

BEAUMONT FAMILY MEDICINE STERLING HEIGHTS EMPHASIZES A MULTIDISCIPLINARY APPROACH TO PATIENT CARE. THIS MODEL FACILITATES COMMUNICATION AMONG HEALTHCARE PROVIDERS, SUPPORTING COORDINATED TREATMENT PLANS THAT ADDRESS THE PHYSICAL, EMOTIONAL, AND SOCIAL ASPECTS OF HEALTH. THE TEAM WORKS CLOSELY WITH SPECIALISTS AND ANCILLARY SERVICES WHEN ADVANCED CARE IS REQUIRED, ENSURING CONTINUITY AND COMPREHENSIVE MANAGEMENT.

PATIENT EXPERIENCE AND CARE APPROACH

PATIENT SATISFACTION AND QUALITY CARE ARE CENTRAL PRIORITIES AT BEAUMONT FAMILY MEDICINE STERLING HEIGHTS. THE PRACTICE FOSTERS A SUPPORTIVE AND RESPECTFUL ENVIRONMENT WHERE PATIENTS FEEL HEARD AND VALUED. THIS PATIENT-FIRST PHILOSOPHY CONTRIBUTES TO BETTER HEALTH OUTCOMES AND STRONGER PROVIDER-PATIENT RELATIONSHIPS.

PERSONALIZED CARE PLANS

EACH PATIENT RECEIVES AN INDIVIDUALIZED CARE PLAN TAILORED TO THEIR SPECIFIC HEALTH NEEDS, PREFERENCES, AND LIFESTYLE. THIS PERSONALIZED APPROACH ALLOWS FOR MORE EFFECTIVE PREVENTION AND TREATMENT STRATEGIES, EMPOWERING PATIENTS TO ACTIVELY PARTICIPATE IN THEIR HEALTHCARE DECISIONS.

ACCESSIBILITY AND CONVENIENCE

ACCESSIBILITY IS A KEY CONSIDERATION AT THE STERLING HEIGHTS CLINIC. THE PRACTICE OFFERS FLEXIBLE SCHEDULING OPTIONS, INCLUDING SAME-DAY APPOINTMENTS FOR URGENT NEEDS. THE OFFICE IS DESIGNED TO MINIMIZE WAIT TIMES AND PROVIDE A SMOOTH VISIT EXPERIENCE. STAFF ARE TRAINED TO ASSIST WITH INSURANCE QUESTIONS AND BILLING TO REDUCE ADMINISTRATIVE BARRIERS FOR PATIENTS.

PATIENT EDUCATION AND SUPPORT

EDUCATION IS AN INTEGRAL PART OF THE CARE PROCESS AT BEAUMONT FAMILY MEDICINE. PROVIDERS TAKE TIME TO EXPLAIN DIAGNOSES, TREATMENT OPTIONS, AND PREVENTIVE MEASURES CLEARLY AND THOROUGHLY. THIS APPROACH HELPS PATIENTS UNDERSTAND THEIR HEALTH CONDITIONS AND ENCOURAGES ADHERENCE TO PRESCRIBED THERAPIES.

ACCESSING CARE AND APPOINTMENT INFORMATION

OBTAINING CARE AT BEAUMONT FAMILY MEDICINE STERLING HEIGHTS IS STRAIGHTFORWARD AND PATIENT-FRIENDLY. THE PRACTICE INVITES NEW AND EXISTING PATIENTS TO SCHEDULE APPOINTMENTS THAT SUIT THEIR NEEDS AND ENCOURAGES REGULAR VISITS TO MAINTAIN HEALTH AND MANAGE CHRONIC CONDITIONS.

SCHEDULING AN APPOINTMENT

APPOINTMENTS CAN BE MADE BY CALLING THE CLINIC DIRECTLY OR THROUGH AVAILABLE ONLINE SCHEDULING PLATFORMS. THE PRACTICE ACCOMMODATES VARIOUS PATIENT SCHEDULES WITH OPTIONS FOR MORNING, AFTERNOON, AND EARLY EVENING APPOINTMENTS. WALK-IN VISITS MAY ALSO BE ACCEPTED DEPENDING ON AVAILABILITY.

INSURANCE AND PAYMENT OPTIONS

BEAUMONT FAMILY MEDICINE STERLING HEIGHTS ACCEPTS A WIDE RANGE OF INSURANCE PLANS TO FACILITATE PATIENT ACCESS TO CARE. THE BILLING TEAM ASSISTS WITH INSURANCE VERIFICATION AND ANSWERS ANY QUESTIONS REGARDING COPAYMENTS OR COVERAGE. FOR UNINSURED PATIENTS, THE PRACTICE OFFERS INFORMATION ON PAYMENT PLANS AND FINANCIAL ASSISTANCE PROGRAMS.

PREPARING FOR YOUR VISIT

PATIENTS ARE ENCOURAGED TO BRING IDENTIFICATION, INSURANCE INFORMATION, AND A LIST OF CURRENT MEDICATIONS TO EACH APPOINTMENT. PREPARING QUESTIONS OR CONCERNS AHEAD OF TIME CAN HELP ENSURE A PRODUCTIVE CONSULTATION. THE CLINIC'S STAFF IS AVAILABLE TO PROVIDE GUIDANCE ON ANY VISIT-RELATED INQUIRIES.

FREQUENTLY ASKED QUESTIONS

WHAT SERVICES DOES BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS OFFER?

BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS PROVIDES A WIDE RANGE OF PRIMARY CARE SERVICES INCLUDING ROUTINE CHECK-UPS, CHRONIC DISEASE MANAGEMENT, IMMUNIZATIONS, PREVENTIVE CARE, AND TREATMENT FOR COMMON ILLNESSES AND INJURIES.

HOW CAN I SCHEDULE AN APPOINTMENT WITH BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS?

YOU CAN SCHEDULE AN APPOINTMENT WITH BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS BY CALLING THEIR OFFICE DIRECTLY, USING THE BEAUMONT HEALTH ONLINE PATIENT PORTAL, OR THROUGH THEIR MOBILE APP FOR CONVENIENT BOOKING.

DOES BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS ACCEPT NEW PATIENTS?

YES, BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS IS CURRENTLY ACCEPTING NEW PATIENTS. IT'S RECOMMENDED TO CONTACT THE OFFICE EARLY TO SECURE AN APPOINTMENT SLOT.

WHAT INSURANCE PLANS ARE ACCEPTED AT BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS?

BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS ACCEPTS A VARIETY OF INSURANCE PLANS, INCLUDING MEDICARE, MEDICAID, AND MANY MAJOR COMMERCIAL INSURANCE PROVIDERS. IT IS BEST TO VERIFY SPECIFIC COVERAGE WITH THE OFFICE BEFORE YOUR

VISIT.

ARE TELEMEDICINE APPOINTMENTS AVAILABLE AT BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS?

YES, BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS OFFERS TELEMEDICINE APPOINTMENTS FOR CERTAIN NON-EMERGENCY CONDITIONS, ALLOWING PATIENTS TO CONSULT WITH THEIR HEALTHCARE PROVIDER REMOTELY VIA VIDEO OR PHONE.

WHERE IS BEAUMONT FAMILY MEDICINE LOCATED IN STERLING HEIGHTS AND WHAT ARE THEIR OFFICE HOURS?

BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS IS LOCATED AT 38100 VAN DYKE AVE, STERLING HEIGHTS, MI. THEIR TYPICAL OFFICE HOURS ARE MONDAY THROUGH FRIDAY FROM 8:00 AM TO 5:00 PM, BUT IT IS ADVISABLE TO CHECK FOR ANY CHANGES OR HOLIDAY CLOSURES.

ADDITIONAL RESOURCES

1. *COMPREHENSIVE CARE AT BEAUMONT FAMILY MEDICINE STERLING HEIGHTS*

THIS BOOK OFFERS AN IN-DEPTH LOOK AT THE WIDE RANGE OF SERVICES PROVIDED BY BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS. IT HIGHLIGHTS PATIENT-CENTERED APPROACHES AND THE INTEGRATION OF ADVANCED MEDICAL TECHNOLOGIES. READERS WILL GAIN INSIGHTS INTO MANAGING COMMON HEALTH CONCERNS WITHIN THE COMMUNITY. IDEAL FOR BOTH HEALTHCARE PROFESSIONALS AND PATIENTS SEEKING RELIABLE FAMILY MEDICINE INFORMATION.

2. *THE PATIENT EXPERIENCE: STORIES FROM BEAUMONT FAMILY MEDICINE STERLING HEIGHTS*

A COLLECTION OF REAL-LIFE PATIENT STORIES THAT SHOWCASE THE COMPASSIONATE CARE DELIVERED AT BEAUMONT FAMILY MEDICINE STERLING HEIGHTS. THE BOOK EMPHASIZES THE IMPORTANCE OF TRUST, COMMUNICATION, AND PERSONALIZED TREATMENT PLANS. IT ALSO EXPLORES HOW THE TEAM ADDRESSES DIVERSE HEALTH NEEDS IN A COMMUNITY-FOCUSED ENVIRONMENT.

3. *PREVENTIVE MEDICINE AND WELLNESS AT BEAUMONT FAMILY MEDICINE STERLING HEIGHTS*

FOCUSED ON PREVENTIVE CARE STRATEGIES, THIS BOOK OUTLINES HOW BEAUMONT FAMILY MEDICINE PROMOTES WELLNESS AND DISEASE PREVENTION AMONG STERLING HEIGHTS RESIDENTS. TOPICS INCLUDE ROUTINE SCREENINGS, VACCINATIONS, LIFESTYLE COUNSELING, AND CHRONIC DISEASE MANAGEMENT. READERS WILL FIND PRACTICAL TIPS FOR MAINTAINING LONG-TERM HEALTH AND WELL-BEING.

4. *INNOVATIONS IN FAMILY MEDICINE PRACTICE: BEAUMONT STERLING HEIGHTS CASE STUDY*

THIS TITLE EXPLORES THE INNOVATIVE PRACTICES AND TECHNOLOGIES IMPLEMENTED AT BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS. IT COVERS ELECTRONIC HEALTH RECORDS, TELEMEDICINE, AND MULTIDISCIPLINARY CARE MODELS THAT ENHANCE PATIENT OUTCOMES. THE BOOK SERVES AS A VALUABLE RESOURCE FOR HEALTHCARE ADMINISTRATORS AND PRACTITIONERS INTERESTED IN MODERN FAMILY MEDICINE.

5. *MANAGING CHRONIC CONDITIONS WITH BEAUMONT FAMILY MEDICINE STERLING HEIGHTS*

DETAILING APPROACHES TO MANAGING CHRONIC ILLNESSES SUCH AS DIABETES, HYPERTENSION, AND ASTHMA, THIS BOOK HIGHLIGHTS THE ROLE OF BEAUMONT FAMILY MEDICINE IN PROVIDING CONTINUOUS CARE. IT DISCUSSES PERSONALIZED TREATMENT PLANS, PATIENT EDUCATION, AND SUPPORT SYSTEMS THAT IMPROVE QUALITY OF LIFE. THE BOOK IS A PRACTICAL GUIDE FOR PATIENTS AND HEALTHCARE PROVIDERS ALIKE.

6. *FAMILY MEDICINE RESIDENCY AND TRAINING AT BEAUMONT STERLING HEIGHTS*

AN INFORMATIVE GUIDE ON THE RESIDENCY PROGRAMS AND TRAINING OPPORTUNITIES OFFERED AT BEAUMONT FAMILY MEDICINE STERLING HEIGHTS. IT COVERS CURRICULUM DESIGN, CLINICAL ROTATIONS, AND MENTORSHIP PROGRAMS THAT PREPARE FUTURE FAMILY PHYSICIANS. IDEAL FOR MEDICAL STUDENTS AND EDUCATORS EXPLORING FAMILY MEDICINE CAREER PATHS.

7. *COMMUNITY HEALTH INITIATIVES OF BEAUMONT FAMILY MEDICINE STERLING HEIGHTS*

THIS BOOK EXAMINES THE COMMUNITY OUTREACH AND PUBLIC HEALTH PROGRAMS LED BY BEAUMONT FAMILY MEDICINE IN STERLING HEIGHTS. IT DISCUSSES PARTNERSHIPS WITH LOCAL ORGANIZATIONS, HEALTH EDUCATION CAMPAIGNS, AND EFFORTS TO ADDRESS SOCIAL DETERMINANTS OF HEALTH. A VALUABLE RESOURCE FOR PUBLIC HEALTH PROFESSIONALS AND COMMUNITY

ORGANIZERS.

8. *INTEGRATIVE APPROACHES IN FAMILY MEDICINE: BEAUMONT STERLING HEIGHTS PERSPECTIVE*

HIGHLIGHTING INTEGRATIVE MEDICINE PRACTICES, THIS BOOK EXPLORES HOW BEAUMONT FAMILY MEDICINE INCORPORATES COMPLEMENTARY THERAPIES ALONGSIDE CONVENTIONAL TREATMENTS. TOPICS INCLUDE NUTRITION, MENTAL HEALTH SUPPORT, AND ALTERNATIVE PAIN MANAGEMENT. IT PROVIDES A HOLISTIC VIEW OF PATIENT CARE IN A FAMILY MEDICINE SETTING.

9. *EMERGENCY PREPAREDNESS AND RESPONSE AT BEAUMONT FAMILY MEDICINE STERLING HEIGHTS*

FOCUSING ON EMERGENCY PROTOCOLS AND PREPAREDNESS, THIS BOOK DETAILS HOW BEAUMONT FAMILY MEDICINE STERLING HEIGHTS ENSURES PATIENT SAFETY DURING CRISES. IT COVERS DISASTER RESPONSE PLANNING, STAFF TRAINING, AND COORDINATION WITH LOCAL EMERGENCY SERVICES. ESSENTIAL READING FOR HEALTHCARE PROVIDERS AND ADMINISTRATORS INVOLVED IN EMERGENCY MANAGEMENT.

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beaumont family medicine sterling heights: Physician Mental Health and Well-Being

Kirk J. Brower, Michelle B. Riba, 2017-07-03 This book explores the important topic of mental health and related problems among physicians, including trainees. The all-too-common human response of “suffering in silence” and refusing to seek help for professional and personal issues has ramifications for physicians who work in safety-sensitive positions, where clear-headed judgment and proper action can save lives. Problems covered include burnout, disruptive and unprofessional behaviors, impaired performance, traumatic stress, addiction, depression and other mood disorders, and suicide. The authors of this work include psychologists, psychiatrists, and other physicians who diagnose and treat a range of patients with stress-related syndromes. Among their patients are physicians who benefit greatly from education, support, coaching, and treatment. The book's content is organized into three parts with interconnecting themes. Part I focuses on symptoms and how physicians’ problems manifest at the workplace. Part II discusses the disorders underlying the manifesting symptoms. Part III focuses on interventions at both the individual and organizational levels. The major themes investigated throughout the book are developmental aspects; mental health and wellbeing as a continuum; and the multifactorial contributions of individual, interpersonal, organizational, and cultural elements to physician health. This book is intended for anyone who works with, provides support to, or professionally treats distressed physicians. It is also intended for healthcare leaders and organizations that are motivated to improve the experience of providing care and to change the culture of silence, such that seeking help and counsel become normal activities while minimizing stigma. By writing this book, the authors aim to outline effective pathways to well-being and a healthy work-life balance among physicians, so that they may provide optimal and safe care to their patients.

beaumont family medicine sterling heights: Prevention and Screening. An Issue of Primary Care: Clinics in Office Practice Joanna L Drowos, 2019-02-01 This issue of Primary Care: Clinics in Office Practice, Guest Edited by Dr. Joanna L. Drowos, is devoted to Prevention and Screening. Articles in this issue include: Lifestyle Changes for Disease Prevention; Aspirin and the Drugs of Life Saving Benefit; Cardiovascular Disease: Hypertension Prevention; Diabetes Care and Prevention; Immunizations; Pediatric Screening: Anemia, Development, Lead; Geriatric Screening; Screening for Breast Cancer; Screening for Cervical Cancer; Screening for Colon Cancer; Screening for Prostate

Cancer; Screening for Sexually Transmitted Infections; and Screening for Osteoporosis.

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